BAR HILL NEWS

Brought to you by the Bar Hill Residents' Association
June 2021 Issue 624

Bar Hill Litter Picking Event

The first Bar Hill Litter Picking event of 2021 is currently being planned for 10th July - meeting at 10am in front of the Parish Council offices.

We'd love to see you there! Bags and pickers will be provided, if you'd like to join us then please email the editor on bhneditor@yahoo.com.

Happy Hours, Page 4
Community Focus, Page 8
Walking in Bar Hill, Page 15
Crafts Shed Update, Page 25
Memorial Garden Appeal, Page 46

BAR HILL RESIDENTS' ASSOCIATION

Each month we will be introducing you to a different member of our Residents' Association, so you can learn more about the people who are working on your behalf in the village.

This month, we are featuring one of our committee members for the Residents' Association;

Name: Roger Hall

Position on committee: Member now, however I was Chairman 2002-2020.

What made you join the RA?

Automatically a member when we moved into the village in 1969

How long have you lived in Bar Hill, and what is your favourite thing about living here?

I have lived here for 52 years, and my favourite thing is being a part of a community created by the residents themselves. Living in a 'traditional' village with age-old village characteristics yet with modern facilities.

If you could change one thing about the village, what would it be and why?

To stop residents, estate agents and outsiders referring to it as an estate, the Tesco village, and the Village green as the 'rec'. These are derogatory descriptions which I detest.

What are your hobbies?

Many and varied. Foremost is writing and reading and research when the bug takes me. Also, entertaining friends locally and from all parts of the world and learning about their lives and families. After all, (to misquote Shakespeare) all the world's a stage and we, its people merely players.

What is your favourite way to spend a day off?

Every day is a day off. Being with Jo in a peaceful spot in the countryside or by the sea where we can be as one with God and nature. Spent with or in contact with family members.

Pottering about in my library of over 3,000 books. Visiting country houses to further my knowledge of history learn about the lives of the people - rich and poor - who have lived there, Visiting old and famous libraries. An afternoon in the hot sun watching cricket - the greatest game in the world.

If you won the lottery, what would you do?

Not move from Bar Hill. But to start increasing the frequency of what I do on my days off.

Would you like to join our Residents' Association? We meet once a month (when permitted!) and are always open to ideas for enhancing life in our village and working with partners to develop our community.

SUMMIT LANDSCAPES

- Paving -
Driveways -
- Brickwork -
Carpentry -
- Groundworks -

Summit Landscapes

Telephone: **01223 929394**

www.landscapingpaving.co.uk

Paying too much for your glasses?

Save Money - Buy Direct!

Visit our factory shop to see our fabulous range of Discount Prescription Eyewear

- Hundreds of frames to choose from, including designer frames from Ray-Ban, Polo Ralph Lauren, Oakley, PRADA, Ted Baker and Versace
- Specialists in high and complex prescriptions
- Same-day or next-day service available*
- Save up to 75%
- Huge range of designer sunglasses
- Full range of sports eyewear

Official stockists

*subject to prescription and availability

Ray-Ban GENUINE SINCE 1937 · POLO RALPH LAUREN · OAKLEY · PRADA EYEWEAR · TED BAKER LONDON · VERSACE

We are open 9am to 5pm Monday to Friday, and 9am to 1pm Saturday

ALL EYES SPECTACLE MAKERS SINCE 1987

Call us **01954 231545**

Visit our website **www.all-eyes.co.uk**

20 Norman Way Industrial Park, Over, Cambridge CB24 5QE

THE BLACK HORSE

FREE HOUSE

WALKERS AND DOGS WELCOME!

Relaxed dining & drinking

Home-cooked food

Coffee, tea & cakes

Special events catering available

See our website for hours and upcoming events

www.blackhorsedrydrayton.com

01954 488150

UniPlumb

GAS safe REGISTER

We offer a full range of plumbing and heating services including the following

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
- Boiler installations / replacements
- Central heating power flushing
- Repairs & maintenance
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call 01954 212553 or email info@uniplumb.com
Alternatively visit our office at
117 Highfields Road, Highfields,
Caldecote, Cambridge CB23 7NX

Happy Hours - June 2021

YEA! AT LAST HAPPY HOURS IS ON AGAIN!

HAPPY HOURS IS RESTARTING IN A NEW FORMAT. WE ARE MEETING IN THE MAIN BAR AREA OF THE BAR HILL SPORTS AND SOCIAL CLUB BETWEEN 2 AND 4PM ON FRIDAY AFTERNOONS FOR TEA AND CAKES, GETTING TOGETHER WITH FRIENDS, FUN AND GAMES. ALL OF THIS FOR ONLY £2 PER PERSON.

The bar will be open if you want something 'extra'.

We are looking for new members to join us so if you are 50 or over, want to get out, see some old friends, meet some new ones and have some fun why not come along and give us a try!

In the meantime STAY SAFE!

Few jokes (hope no one is offended)

- How did the health experts lie? They said a mask and gloves was enough to go to the grocery store. When I got there, everyone else had clothes on.
- Quarantine has really put a damper on comedy. For months nobody has walked into a bar.
- What's the difference between COVID-19 and Romeo and Juliet? One's the coronavirus and the other is a Verona crisis.
- Finland just closed its borders. You know what that means. No one will be crossing the finish line.
- If there's a baby boom nine months from now, what will happen in 2033? There will be a whole bunch of quaranteens.
- You know what they say: feed a cold, starve a fever, drink a corona.
- Until further notice the days of the week are now called Thisday, Thatday, Otherday, Someday, Yesterday, Today and Nextday

Anne Plumb, 01954 780364

Only £12 Haircut in the comfort of your own garden

No waiting time and no parking worries
In the open air it's safer for everyone

Family Bar Hill Deal: 2 haircuts for only £22

I'll be wearing a mask and bring my own kit and you'll need to wear a mask as well

Message now for your Bookings
WhatsApp / text: 07555764322
Hope to meet you soon! Barber Sam

NOTICES & LETTERS TO THE EDITOR 1/2

Please send your letters & notices to **bhneditor@yahoo.com**. Thank you!

Dear Residents,

Thefts of catalytic converters continue to be an issue across the county. While we're increasing patrols on the road networks to catch those responsible, we ask you to look out for any suspicious activity and report it to us via our webchat or call 101.

Remember if a crime is in progress, call 999.

Tara Dundon

Police. Comms officer

Dear Editor

I wondered if I might make a couple of comments on the Bar Hill News.

First, it is well known in printing circles that a "serif" font is far gentler for the eyes than a "sans-serif" font. Almost all books are printed in a "serif" font - this is for a reason...

Secondly, as you seem to need to space out paragraphs nowadays, would it be possible to increase the size of the font instead?

It has long been a fact that the population of Bar Hill is older than average; a larger font would be most welcome!

I do hope you will not be upset by these comments.

Thanks

Jan Cundy

Editors response: Interesting discussion! The font we currently use is Helvetica Neue (regular) at 13pt. We master in A4 and then print to A5 (as you know!).

The idea behind the the spacing is to break up large blocks of text and make it slightly easier on the eye. I'd be interested to know what other people think!

Dear Residents,

"The Library Presents" are arranging a large number of online and outdoor (COVID -safe) performances from local artists.

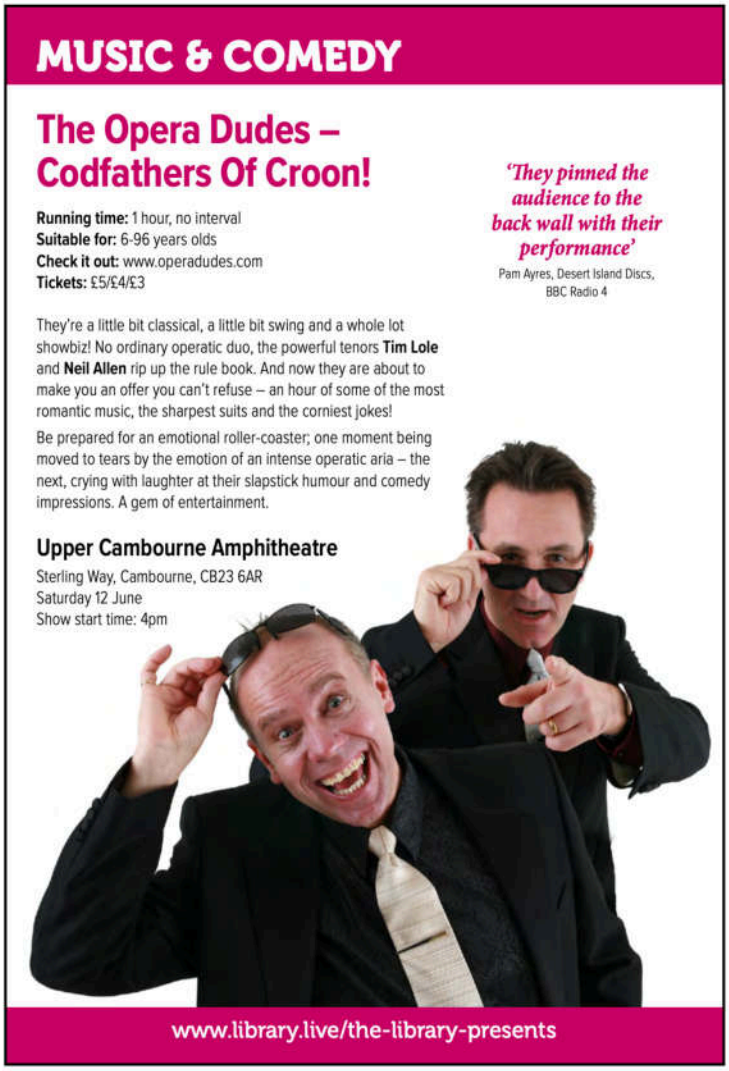
Performances range from Storytelling, Samba Drumming, Dancing, Audio Drama, and many more.There is something for everyone!

More details (and individual performance details) are available via the website;

https://www.library.live/the-library-presents

We look forward to seeing you there!

Cambridgeshire Libraries, Archives and Information Service


MUSIC & COMEDY
The Opera Dudes – Codfathers Of Croon!
'They pinned the audience to the back wall with their performance'
Pam Ayres, Desert Island Discs, BBC Radio 4
Running time: 1 hour, no interval
Suitable for: 6-96 years olds
Check it out: www.operadudes.com
Tickets: £5/£4/£3
They're a little bit classical, a little bit swing and a whole lot showbiz! No ordinary operatic duo, the powerful tenors Tim Lole and Neil Allen rip up the rule book. And now they are about to make you an offer you can't refuse – an hour of some of the most romantic music, the sharpest suits and the corniest jokes!
Be prepared for an emotional roller-coaster; one moment being moved to tears by the emotion of an intense operatic aria – the next, crying with laughter at their slapstick humour and comedy impressions. A gem of entertainment.
Upper Cambourne Amphitheatre
Sterling Way, Cambourne, CB23 6AR
Saturday 12 June
Show start time: 4pm
www.library.live/the-library-presents

Deadline for next issue is 6pm on the 15th of the month, please send submissions to **bhneditor@yahoo.com** - the earlier the better! (space is allocated on first-come basis!)

Editorial

June 2021

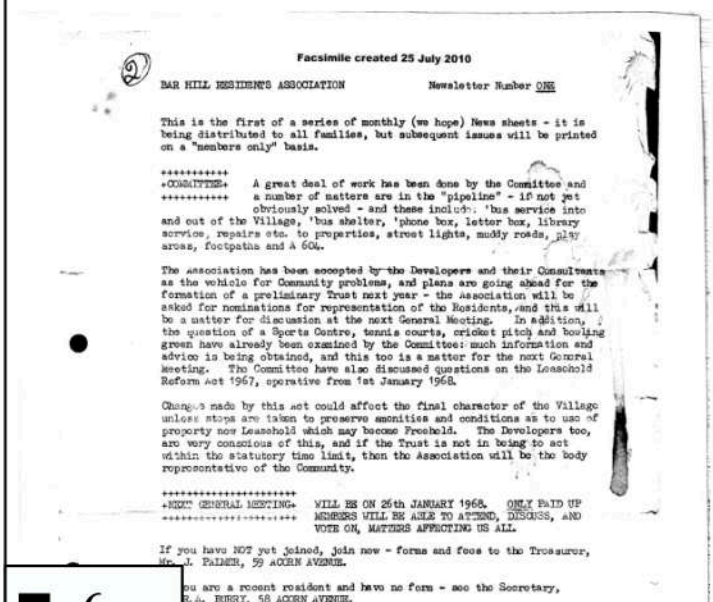
A bumper edition this month! Lots of clubs are re-opening now some of the more stringent COVID restrictions are coming to an end. I have attempted to include as many messages as I can; if your club is re-opening please let me know so I can include the details in the July issue.

The Parish Councils consultation (looking for projects to spend £18,000 on from the A14 upgrade project) is clearly the biggest news of the month and I'd like to encourage everyone in the village to respond (see the back page).

The meeting to discuss creating a new charity in the village will have taken place regrettably just after this goes to print - hopefully there will be news next month!

Our litter picking day is scheduled for July 10th, it had to be moved back as there wasn't enough time to get everything ready. See you then!

The archive of our oldest issues has been updated. If you'd like to see what the very first issue of the Bar Hill News (from way back in December 1967). You can check this out yourself here; https://archive.org/details/bar-hill-news-196712-dec-1967-issue-1



Facsimile created 25 July 2010

BAR HILL RESIDENTS ASSOCIATION Newsletter Number ONE

This is the first of a series of monthly (we hope) News sheets - it is being distributed to all families, but subsequent issues will be printed on a "members only" basis.

++++++++++
+COMMITTEE+ A great deal of work has been done by the Committee and
++++++++++ a number of matters are in the "pipeline" - if not yet obviously solved - and these include: 'bus service into and out of the Village, 'bus shelter, 'phone box, letter box, library service, repairs etc. to properties, street lights, muddy roads, play areas, footpaths and A 604.

The Association has been accepted by the Developers and their Consultants as the vehicle for Community problems, and plans are going ahead for the formation of a preliminary Trust next year - the Association will be asked for nominations for representation of the Residents, and this will be a matter for discussion at the next General Meeting. In addition, the question of a Sports Centre, tennis courts, cricket pitch and bowling green have already been examined by the Committee: much information and advice is being obtained, and this too is a matter for the next General Meeting. The Committee have also discussed questions on the Leasehold Reform Act 1967, operative from 1st January 1968.

Changes made by this act could affect the final character of the Village unless steps are taken to preserve amenities and conditions as to use of property now Leasehold which may become Freehold. The Developers too, are very conscious of this, and if the Trust is not in being to act within the statutory time limit, then the Association will be the body representative of the Community.

++++++++++++++++++++
+NEXT GENERAL MEETING+ WILL BE ON 26th JANUARY 1968. ONLY PAID UP
++++++++++++++++++++ MEMBERS WILL BE ABLE TO ATTEND, DISCUSS, AND VOTE ON, MATTERS AFFECTING US ALL.

If you have NOT yet joined, join now - forms and fees to the Treasurer, Mr. J. PALMER, 59 ACORN AVENUE.

...ou are a recent resident and have no form - see the Secretary, R.A. BURRY, 58 ACORN AVENUE.

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

* FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION
* ALL ASPECTS OF FLOOR/WALL TILING
* SUPPLY & FIT OR LABOUR ONLY
* LAMINATE WOOD FLOORING
* FREE QUOTATIONS AND ADVICE
* QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR PROPERTY MAINTENANCE REQUIREMENTS

e-mail: dean.mills2@hotmail.co.uk

URGENTLY REQUIRED

CARE SUPPORT WORKERS

Our Service

- We offer person centred care to adults with a learning disability in their home
- We enable and empower residents to return their independence and have choice and control of their lives

Why Apply?

- Flexible reasonable hours: Full time & Part time & Relief staff
- Opportunities to develop on-the-job
- Job satisfaction. Valued team member
- Company Pension scheme
- Competitive Hourly Rates
- Experience not essential: Induction & Training provided
- Must be - Committed : Passionate : Caring & Supportive

Location

Longstanton village, outside Cambridge

CALL: 01954 789856 - Mr Andrew McLees
CALL: 07836 697801 - Mr Paresh Sodha

NOTICES & LETTERS TO THE EDITOR 2/2

Please send your letters & notices to **bhneditor@yahoo.com**. Thank you!

Dear Residents,

I agree with Karen Hayden that littering is a problem. I keep an old carrier bag in my pocket to gather rubbish as I walk around the area. Some items are a danger, we often find glass bottles shattered & have to take great care to avoid cutting ourselves when prizing bits out of the ground. Lumps of rubble have appeared by the green, These are ideal for vandals who wish to smash nearby windows.eg in the Scouts Hut & Village Hall as has happened in the past. These latter can be quite heavy & not readily disposed of in the bins. There are of course laws against littering but no police available to enforce them.

Keith Morris

Editors response: The first Litter Picking day organised by the Residents Association is scheduled for the 10th July meeting at 10am outside the Parish Council office!

The Parish Council, in this issue, has also commented regarding the fly-tipping .

Dear all,

First of all I'd like to start with the bad news; Bar Hill, a Social History, 1949-2004 (my book on the history of our village) is now out of print.

And now the good news!

A revised and updated edition taking us up to to 2021 is now at an advanced stage of preparation the text having been completed apart from a few minor additions.

Additional photographs of the village over the last 50 years will be welcomed!

Publication is expected early next year.

Roger Hall, roger.hall90@ntlworld.com

Dear Residents,

I'd like to write to encourage all residents of the village to contribute to the current Parish Council consultation looking for options to spend the windfall from the A14 project.

The £18k that's been provided could make a signifiant contribution to providing facilities for children and young people within the village - there does seem to be very little for teenagers to do and this would seem to be an excellent opportunity for the Parish Council to add something!

For this amount of money I would have thought that a smaller version of the excellent Abby Dirt Trails on Coldhams Common (next to Abbey Swimming Pool in Cambridge) would be of great benefit to the village.

Alternatively, as teenagers seem to hang our around the sheltered area by the post office, perhaps a covered area like that but in a better location would be of use?

Responses, including your name and address, can be emailed to the Parish Council at office@barhillpc.org.uk.

Please take this opportunity to have your say and support our children within the village!

Laura Chapman, Foxhollow

Editors response: More details on the consultation is available on the back cover!

Deadline for next issue is 6pm on the 15th of the month, please send submissions to **bhneditor@yahoo.com** - the earlier the better! (space is allocated on first-come basis!)

BAR HILL COMMUNITY FOCUS 1/2

In this months community focus, Lottie spent some time with Ashley Curry - owner of "Ashley's Barber Shop" in The Spinney. Having lived in the village for close to 30 years, I think it would be fair to say that he is an established pillar of this community. Read on to find out more about his career, and his life outside of work.

Lottie: When did you start being a barber?
Ashley: I did my apprenticeship at 15; I left school a year early to start training (which was agreed by both parties that that was the right thing to do). I was really fortunate that although I wanted to do barbering, the barbers I trained in did men's and women's haircuts and my boss at the time insisted I trained in both (which is really unusual in the hairdressing world) but it's another feather I have in my cap! I ended up staying in my first job for 10 years. After that time, I ended up taking a leap of faith and took over a little barbers shop in Trumpington – it was owned by the same guy for 20 years, and when he retired in 1994 I took over. I was there for 11 years but the problem I had was travelling up and down the A14 to Cambridge every day and the rent on the shop had become stupid, so my wife then actually said "Well why can't you convert the garage?". So we went to the Parish Council and asked for permission to convert the garage into a Barber shop (late 2004) which they granted and I have been in business here for 16 years now. I've seen people grow up and I feel very fortunate for that.

L: And what do you do in your spare time?
A: I'm the chairman of the village cricket club; I took that over 6 years ago when it was on the brink of collapsing. I was on a 5 year mission to have 2 adult teams, 2 level 2 qualified coaches as well as the youth teams, which are now back operating despite the effects of Covid.

I am also heavily involved with parliament and focusing on paternal mental health (which is fathers' mental health during the perinatal stages), I do a lot of research work, and it had been discovered that 1 in 10 fathers suffer from post-natal depression, as well as perinatal OCD. We've been able to write some Nice guidelines for fathers as there are a lot of Nice guidelines for mothers, but not a lot out there for dads. It's been good to help change that and work with the NHS to provide some support.

I am also on the scientific advisory board for Tourette action – so reviewing any work which is research funded on people who have Tourettes and deciding if it gets approved.

I am also involved in doing a lot of talks for the NHS and SND sixth form colleges across the UK, particularly focusing on people with Tourettes and what the best practises within schools are and ensuring that the children become included, so I am a busy boy!

On my days off I go and visit the elderly in Hanover Close in the village to cut their hair.

L: Do you sleep!?
A: No! I feel I've got to the stage in life where my children have grown up so Karen (my wife) decided that it was now my time to enjoy my life. I have been trying to cut the work down to 4 days per week so I have more time, although Covid did take that decision away from me a bit. One of the good things which did come out of Covid was the introduction of the appointment

Is there a organisation here in Bar Hill that you'd like to see featured for next month? If so please contact the editor via email **bhneditor@yahoo.com** or on **07814 871752**.

system. Traditionally, men would always sit and wait to have their hair cut, so if you went on holiday for 2 weeks you knew when you came back you would have at least 6 people waiting outside your door. When I looked back and calculated it, throughout the year I probably used to sit in here for about 2.5 weeks a year waiting for people – so now that people have to book in it makes my life much easier to manage.

L: How did Covid affect you?
A: When the first lockdown happened in March 2020, the day I closed, I actually cried because this is my life and love – I absolutely love my job. But we were lucky during the first lockdown, the weather was good so we were able to be outside keeping busy. The last lockdown was a lot tougher for me; thankfully I was looked after through the wonderful government schemes financially, it was the not-working part for me which was tough. I was diagnosed with Tourettes when I was 35, everyone probably knew through my whole life anyway, but what you find with someone with Tourettes is if they are doing things with their left and right hands with coordination, their ticks are a lot less prevalent (unless they are busy and there is stress involved), so when you are working you are less likely to tick.

But the Covid lockdown did teach me that I can do things differently in life. I don't need to do this and be a plate spinner any more, I can actually make time for myself – you can't always do everything!

I also took the time to train with a company called The Lion Barbers, who have introduced a training scheme for barbers. Basically we are trained barbers who are there to listen and not judge, so if someone does come in and we notice that they are drinking more or perhaps do need some help, we have a chat with them and divert them to the right people and places to go to get help and support. Barbers are unpaid psychologists at the end of the day!
In relation to that, I've always bonded quite quickly with autistic children and so they let me cut their hair. You see kids come in who are quite petrified at the beginning, but two or three hair cuts in and it has become a very normal process for them which is wonderful. The parental response is brilliant.

L: What would you like to see change in the village, or improve?
A: I think I would like to see some more small businesses – especially now that Next has gone – more food stalls/vans like other villages have.

L: And finally what does the future hold for Ashley's Barber Shop?
A: I'm not going anywhere! I can see myself retiring, but I won't retire from barbering – I will continue to do this until I am physically not able to. But as soon as you get older you can pick and choose your times when you work which I will do so I have time to relax. But I've kept myself fit and healthy so I can keep going as long as possible (I have run the London Marathon 3 times, but I hurt my knee so I now cycle).

I was actually also involved in the village football club years ago, and it was nice because I've seen the boys I coached now grow up – they are in their 30s and have their own little ones running around, it's just nice to see it's still going.

L: Do you think you'll carry on doing all the charity stuff as well?
A: Absolutely, all the charity and research.

L: and what are your hobbies?
A: Cycling, cricket, swimming, keeping fit, cooking is one of my major hobbies I love it!

L: You really don't sleep do you?!
A: No... But I do enjoy drinking cider!

Is there a organisation here in Bar Hill that you'd like to see featured for next month? If so please contact the editor via email **bhneditor@yahoo.com** or on **07814 871752**.

JASON KIRBY
Professional Painting
& Decorating Ltd

A Professional Service
from Start to Finish

Tel: 01954 211775
www.jasonkirbyltd.co.uk

PROBLEMS?
WITH YOUR EXISTING DOUBLE GLAZING

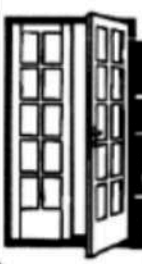
DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE

• WE REPLACE Glass, Locks, Handles, Hinges, Patio Door Wheels, Tilt & Turn Mechanisms

• WE FIT Window Opening Restrictors, Cat Flaps, Fly Screens

FREE ADVICE / ESTIMATES

• WE SPECIALISE IN New Conservatories, Windows, Doors



SECONDARY DOUBLE GLAZING ALSO AVAILABLE
the WINDOW & DOOR SURGEON
For a Friendly and Efficient Service Please Call:
Phone 01954 201944
Email: enquiries@tw-ds.co.uk
visit www.tw-ds.co.uk
2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE
WE DON'T PUSH.... WE DON'T EXAGGERATE ON PRICE.... WE JUST SOLVE PROBLEMS

Bar Hill Tennis Club

Our new season started on Tuesday 13 April and we welcome new members to help ensure the continuing success of the Club.

We offer very competitive annual membership fees (for details please visit our web site www.barhilltennisclub.co.uk, email, call us (details below) or pop down to the courts during Club nights. Membership entitles you to play at anytime but the courts are also available to hire for private play. Membership applications and individual court hires can all be booked and paid for "on line" via our website.

Annual membership runs from 1 April and all members are reminded that you do need to renew your membership to obtain access to the Courts.

We invite all current, lapsed and new members to come along and play on the courts. Please encourage your family, neighbours and friends to come down to our club social nights to play some tennis. We welcome players of all abilities. Tennis is an excellent way to keep fit and enjoy the summer evenings in a relaxed and friendly environment.

Our Adult Club nights are Tuesdays & Thursdays 6.30 to 9pm.

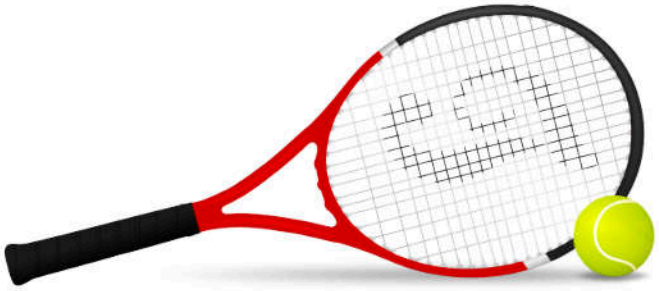
When playing please observe Government Covid guidelines and any guidance posted at the Courts.

We look forward to seeing you!

CONTACTS: Paul Chubbuck (Secretary): 07983 435104, and Geof Tamulonis (Chair) info@barhilltennisclub.co.uk

FOR MORE INFORMATION GIVE US A CALL OR VISIT OUR WEB SITE

www.barhilltennisclub.co.uk



Oakington Garden Centre

Large selection of plants, pots and garden sundries

Open:
Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.
Tel. 01223 234818
Fax. 01223 236823
Email. oakingtongardencentre@hotmail.com

Bar Hill Post Office

During the Coronavirus our local Post Office in Bar Hill has revised opening hours. These hours currently are;

Monday 9-5.30

Tuesday 9-2.30

Wednesday 9-5.30

Thursday 9-12.30

Friday 9-5.30

Saturday 9-12.30

The library is open Tuesday and Thursday afternoons (when the Post Office is closed).

The intention is to post updates, where times change, to the Bar Hill Community Facebook group (via the Residents Association).

Bar Hill Sports and Social Club

The Social Club is currently closed in accordance with government guidelines but we look forward to welcoming our members back as soon as we are allowed to open.

(May 2021 Update): The Social Club remains closed but we look forward to welcoming our members back on May 17th (if government guidelines continue to allow).

Half price membership renewals have been extended to the end of June and new memberships have 25% off until then too! Please visit **www.membershipmojo.co.uk/barhillssc** to renew online and check out our website **www.barhillssc.co.uk** for everything else.

If you experience problems please email **bhssc.secretary@outlook.com**

To keep up to date with what's happening at the club check out our new website **www.barhillssc.co.uk**

Residents are being urged to get twice-weekly rapid Covid tests

Twice-weekly rapid testing is a vital tool in identifying cases of Covid-19 that would otherwise be missed. With 1 in 3 people with coronavirus showing no symptoms and potentially spreading it without knowing, rapid testing helps to identify positive cases quickly, preventing the spread of infection.

You can find out more about all of these options for getting tested at www.cambridgeshire.gov.uk/rapidtesting Dr Liz Robin, director of public health for Cambridgeshire and Peterborough, said: "Getting into the habit of twice-weekly testing as part of our everyday lives will help us all to keep each other safe. Alongside the ongoing vaccine rollout, it will help us to move forward with the roadmap out of lockdown."

A. Denton

Painting & Decorating

High Quality

INDUSTRIAL

COMMERCIAL

DOMESTIC

102, Stonefield
Bar Hill
Cambridge
CB3 8TB

01954 782472

Do you need a chiropodist?

For a professional service in your own home

201256

07494 196065

Michelle Dolan

Podiatrist/Chiropodist

HCPC Registration number CH34864

EXPRESS ROOFING SERVICES

Flat Roofing Specialists

Emergency 24 hour Service

Roofing for over 25 years

* Insurance work
* Guttering * Facia Boards
* Garages & Extensions
* Re-roofing & repairs

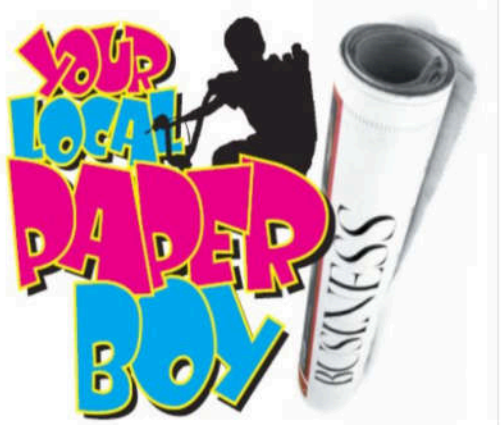
5-10 year guarantees

Competitive Rates

Prompt Reliable Service

01487 841008

Mobile 07860 680550
37 Greenfields, Earith



Bar Hill's Newspaper Delivery Service

ANY newspaper, **ANY** day of the week delivered to your door by **7.30am**

£1.50 - Saturday + Sunday
£2.00 - Monday to Friday
£2.50 - Monday to Sunday
(Plus the price of your selected paper)

Set up in 2011 we deliver to households and businesses in Bar Hill, offering you a simple, reliable service for a great price

Tel: 07832 122534 info@yourlocalpaperboy.co.uk

Bar Hill Church news

Services

If everything has gone to plan, from Sunday 30 May we will have resumed in-person worship in the church. Services will continue to be accessible over Zoom, so people have the choice of attending either in person or online. Due to social distancing requirements the number of people that may attend in person will be limited, so it will be necessary to book a place in advance.

Sunday 6 June, 10:00 am - Holy Communion (Anglican)

Wednesday 9 June, 10:00 am - Midweek Holy Communion (in-person only)

Sunday 13 June, 10:00 am - All Together Worship

Sunday 20 June, 10:00 am - Holy Communion (Reformed)

Sunday 27 June, 10:00 am - Service of the Word

Zoom link https://us02web.zoom.us/j/88297613899
Meeting ID: 882 9761 3899
Password: 284740

To book a place to attend in person please contact our office manager on 07395 939282.

Church Contacts

Church Office	Ian Pryke	01954 206120 or 07395 939282 church.office@barhillchurch.org.uk
Minister	Rev Charles Mather	01954 277119 Charlesmather20@yahoo.com
Address	Bar Hill Church Centre, Hanover Close, Bar Hill, Cambridge CB23 8EH	
	Website	https://barhillchurch.org.uk
	Facebook	https://facebook.com/barhillchurch

healthwatch Cambridgeshire

Wanted: Your Views

What do you think about the health and care services you use? Good or bad, your views are wanted by Healthwatch.

Healthwatch is the independent champion for health and care in Cambridgeshire. It listens to local people and shares their experiences to help improve NHS and care services.

The kinds of things you can tell us about...

- Covid vaccinations - how did it go?
- Who's doing a great job? Your local dentist, pharmacist or district nurse?
- Visits to the GP - are video consultations working well or are you struggling to see your local doctor?
- Hospital waiting lists - we know many people are waiting for treatment and procedures. Tell us what would help you while you wait.
- Home care services
- Care homes
- Using the NHS 111 First service

Get in touch

Give your feedback at https://www.healthwatchcambridgeshire.co.uk/share-your-views

Not online? You can also call **0330 355 1285** or text: **0752 0635 176**.

Andrina B
the footcare specialist

Providing expert treatment in all aspects of foot healthcare in the comfort of your own home

Nail Cut • Callus • Athlete's Foot
Hard Skin • Corn Removal
Fungal Infections • Plantar Faciitis
In-Growing Toe Nail • Orthotics
Leg and Foot Massage

To book your appointment call Andrina on
07966 571 686
or email: andrinab@foot-care.co.uk

www.foot-care.co.uk
Andrina Baldock, Foot Health Practitioner, SAC Dip. FHPP FHPT
Register for Foot Health Practitioners Member

GEORGE

D.I.Y. MAN

Small Electrical Jobs
Decorating
Woodwork
OAP Discounts
Lifetime of Experience

No Job Too Small

07544 871650

Summer In Bar Hill

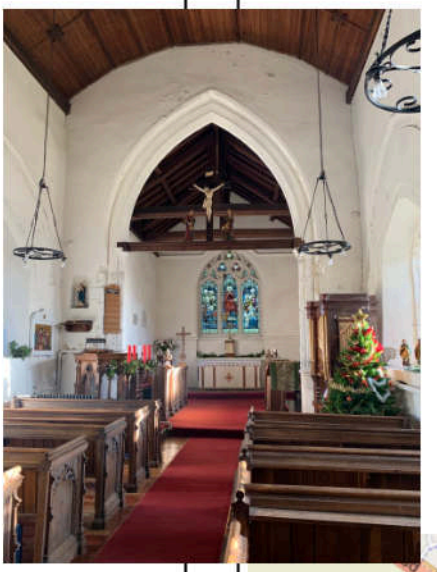
Bar Hill Walking Route # 1

As summer is rapidly approaching and after all the changes of the last year we thought it would be time to introduce (or re-introduce) people to the various walking routes available within and around the village.

We're starting with the Millennium Path between Bar Hill and Lolworth.

The route starts (at the Bar Hill end) opposite the bus stop between Oatlands Avenue and Viking Way.

The route then passes through the fields and into the village of Lolworth and if you carry on round to the right you'll find All Saints Church.



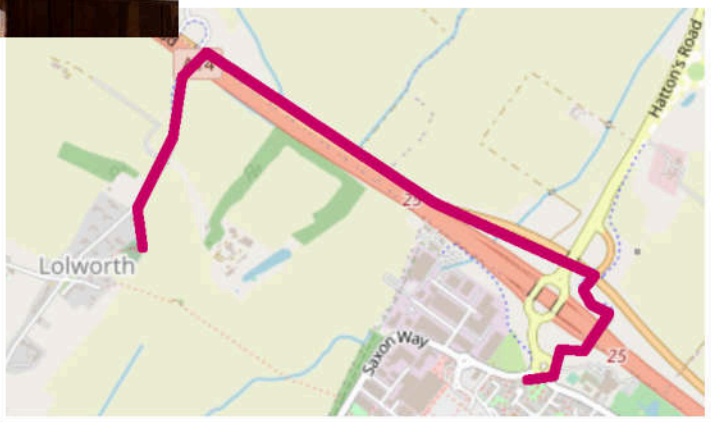
The Church is a Grade II Listed Building. There has been a Church in the village since the 13th century but the present church dates from the early 1400's.

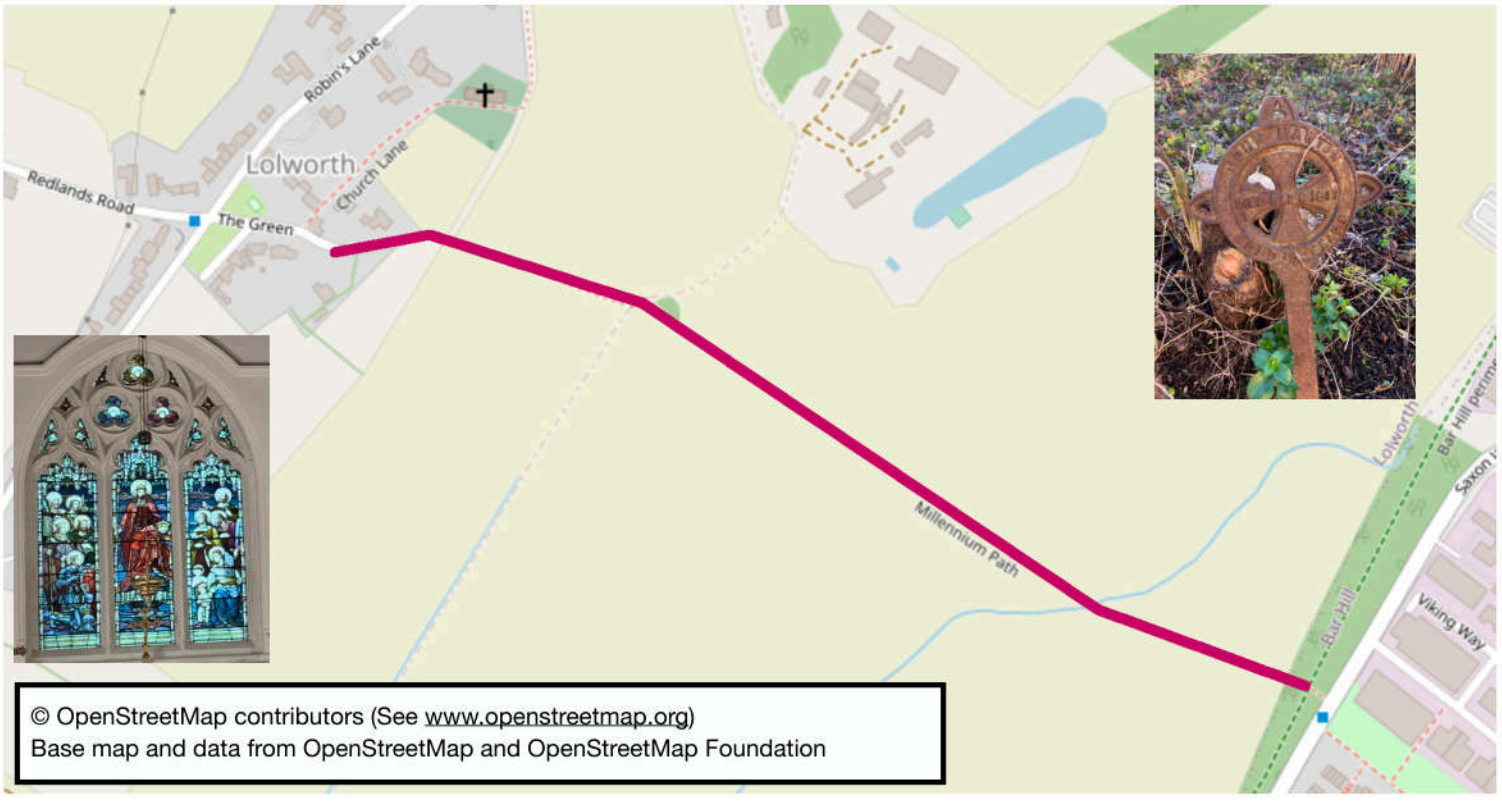
The walking route is relatively easy going and back and forth to the Church will probably take about 30-40 minutes. Some of the route is through a field and so is very susceptible to "British weather" during summer!

If you'd like to carry on walking (in a large circle) then if you carry on along on Robin's Lane you'll pass over the A14 and then can walk back along the local road to the Bar Hill traffic lights and then across the bridge and back into the village.

The walking route from Bar Hill to the church in Lolworth is about 20 minutes.

The "loop" back along the local road is about 40 minutes from the Church.





© OpenStreetMap contributors (See www.openstreetmap.org)
Base map and data from OpenStreetMap and OpenStreetMap Foundation

Jim Edwards

Gas appliances, Plumbing and Heating

Gas Boiler Service from £59

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

All plumbing work undertaken, local friendly service. Fully Insured.

01954 267054

07870520702

www.cambridge-plumber.co.uk

jim-edwards@live.co.uk

M & M

Heating & Building Services

- Full Gas & Oil Boiler installation
- Full Heating Systems
- Boiler Servicing and Landlord Certificates
- Power Flushing
- Full Bathroom Design & Installation
- All Plumbing Works Large and Small
- Extensions, Alterations and Repairs
- Refurbishment and Renovations
- Kitchen Design and Installation
- All Carpentry Works

01223 691599

07766 281962/07832 261791

info@mandmheating.co.uk

www.mandmheating.co.uk

10 SOUTH ROAD, IMPINGTON, CAMBS, CB24

A Barrett & Son Electrical

Domestic, Industrial & Commercial

Call Andy on 07735 615871 for:
Competitive Prices and First Class Service
All Types of Electrical Installation, Maintenance
And Repairs including testing and inspection
Domestic, Industrial and Commercial

A Barrett & Son Electrical
7 Oatlands Avenue, Bar Hill. Cambridge. CB23 8EQ
Mobile: 07735 615871
Email: barretts11@msn.com
Elecsa Reg no EPP32673
VAT Reg No 258 9429 52

Bar Hill Resident for over 40 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- Power
- Security Lighting
- Call Outs
- Testing / Inspections
- Data Wiring
- Consumer Units
- Heating/Showers

Electrical Safety Register incorporating ELECSA NICEIC ECA

AIRPORT CARS CAMBRIDGE

- **Long distance journeys and airport transfers**
- **Non smoking, air conditioned executive cars**
- **Prompt, reliable and courteous door to door service**
- **5 to 8 seater MPV for family holidays**
- **Cruise terminals & Eurostar**
- **Visit our website www.airportcars.uk.net**

For the most competitive quote call:

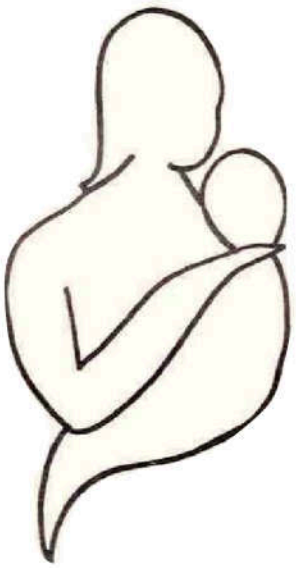
Mick 07442 497 601 enquiriesairportcars@gmail.com

FRIENDS OF THE ROSIE

HAND-MADE CHILDREN'S TOYS AND CLOTHES

RAISING MONEY ON BEHALF OF THE FRIENDS OF THE ROSIE HOSPITAL – REGISTERED CHARITY NO: 1036092

The Friends of the Rosie are enthusiastic volunteers whose aim is to improve the services the hospital provides by raising money for items that the NHS does not buy.



We are selling new items on our rosieinstitches.org.uk website and facebook marketplaces and second hand items in our rosieinstitches2010 charity store on eBay.

We are joining online the Cambridge Craft Festival on 5th June from 10am

If you have been tidying another cupboard, we are still welcoming donations of craft materials.

We need to find alternative storage space for the items we have for sale. If you have a garage or a shed that you are not making full use of would you consider letting it out to our charity.

The Rosie Hospital are now accepting donations of knitwear, please telephone Rosie Hospital reception 01223 217617 to arrange a time to deliver your donation.

We are still unable to run our Friends of the Rosie tea bar in Clinic 21 due to Covid19. We are unable to say when our tea bar will be able to open again as most of our volunteers

are of retirement age or older. We will provide you with regular updates when we know more. We would be able to open sooner if our volunteers were younger. We also need more volunteers.

If you know of anyone who might be interested. Please contact Ann Laskey (annlaskey@icloud.com) for more details of what would be involved.

New members are always welcome, whether to contribute financially, to join our team of knitters, provide transport for our volunteers, display a small selection of our wares or to help on the Rosie tea bar.

Contact Mary Sanders on 01223 356615 further details are given on our website www.rosieinstitches.org.uk.

All the very best for another alternative Summer.

Thank you for your continued support

Anthony Browne MP

Keeping in touch with South Cambridgeshire

News and Updates from our Local South Cambridgeshire MP can be either found on his website;

https://www.anthonybrowne.org

You can also sign up to an email newsletter which ensures that News and Updates are delivered straight to your inbox.

Alternatively you can follow Anthony on Facebook; **https://www.facebook.com/anthonybrowneMP/**, or. Via Twitter; **https://twitter.com/ab4scambs**

You can write to Anthony at his constituency office;

Broadway House,149-151 St Neots Road, Hardwick CB23 7QJ.

Or call to discuss anything **01223 603677**

NOT TOO NEAR, NOT TOO FAR
FOR INDEPENDENT FINANCIAL ADVICE
on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES
185 High Street, Cottenham, Cambridge, CB24 8RX
Tel 01954 251521
Email: Bolitho@enterprise.net
Authorised and regulated by the Financial Conduct Authority

IJC we've got your home improvements covered

WE'RE HIRING! Contact us for permanent or subcontract vacancies

PLUMBING & HEATING
- fit a new boiler
- upgrade your heating system
- annual service for your boiler

BUILDING SERVICES
- bathroom & kitchen installation
- new build
- home renovation

IJC is a family run Cambridgeshire business with over 30 years' experience.

We offer a comprehensive range of domestic and small commercial works across all forms of building, plumbing, heating and renewable services.

call: 01954 782920
or visit: www.ijcbuildingservices.co.uk
45 Viking Way, Bar Hill, Cambridge, CB23 8EL

ENTIRE

Gas Safe Register · Water Safe Quality Assured · SafeContractor Approved

The Complete Gas Heating and Plumbing Company

Plumbing • Heating • Gas
Bathrooms • Water Softeners
Property Maintenance
Tel: 01954 204044 • Web: www.entiregroup.co.uk
Email: service@entiregroup.co.uk

Cambridge Solar Ltd
Local, Friendly, & Professional since 2009

Contact us today for a quote.
01223 863 885
cambridge-solar.co.uk

Since 2009, Cambridge Solar Ltd has installed nearly 400 solar energy systems at homes and business around Cambridgeshire, including the Bar Hill Village Hall in 2014. We are committed to serving our community through honest, high-quality workmanship engineered to each client's goals.

Winner: 2018 British Renewable Energy Installer of the Year, from the REA
Winner: 2018 Solar PV Installer of the Year, East of England Energy Efficiency Awards

cambridge-solar

COVID-19 Testing

You can now have testing kits sent to you at home by calling 119. Alternatively you can book a test at a rapid testing site either in advance or just turn up during the hours the site is open.

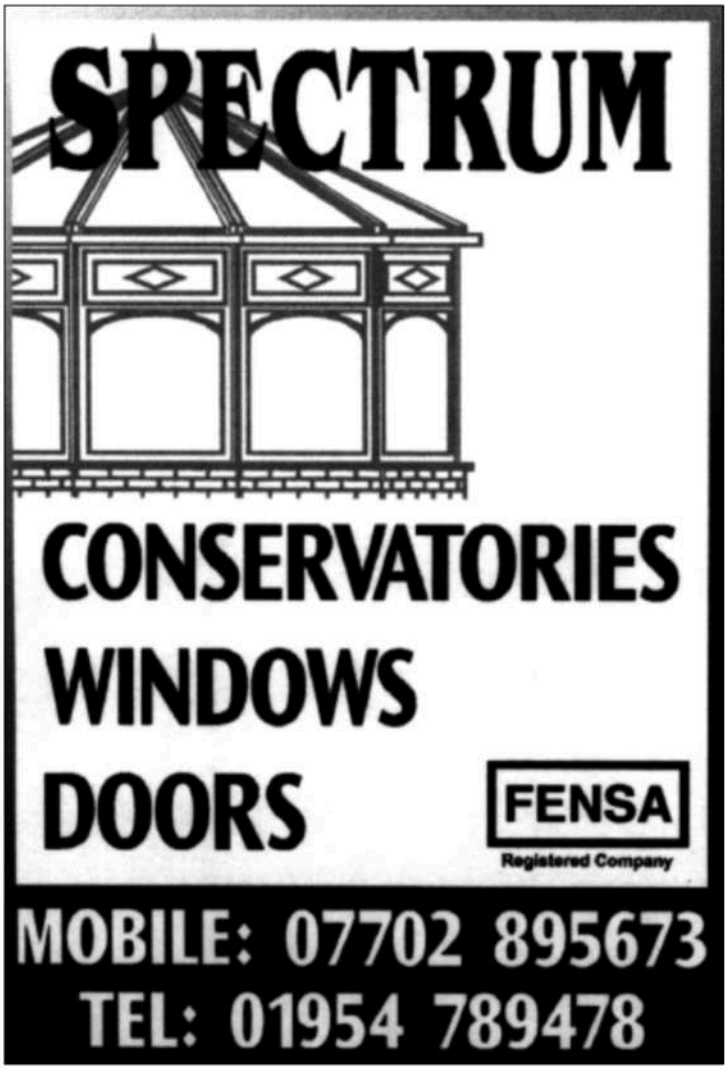
Please do not make an appointment for this test if you have any COVID-related symptoms (for example; a new continuous cough, high temperature or change in your sense of smell/taste).

Results are often provided within an hour.

Tests are being offered at various sites, the nearest sites to Bar Hill are:

- **The Hub, High Street, Cambourne, South Cambridgeshire, CB23 6GW**
- **The Meadows Community Centre, 1 St Catherine's Road, Arbury, Cambridge, CB4 3XJ**

The full list of sites is available online. Each site is open from 8am to 7pm, Monday to Friday and 9am to 5pm on Saturdays.



THE ROYAL BRITISH LEGION

We meet on the 4th Thursday of each month in the Meeting room of the Octagon at 7.30pm. You do not have to have served in the Forces to join the Legion. If you would like to find out more about the Royal British Legion in Bar Hill please contact either Malcolm Cox on **01954488657** or Wendy Arrowsmith on **01954 781381** or come along to the next meeting.

ROYAL BRITISH LEGION

Why not support The Royal British Legion in their Centenary year by buying a limited edition Centenary badge. Suggested minimum donation of £4 please contact Maggie Cox on **01954 488657**.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

Catholic Church Serving Bar Hill

Hills Road, Cambridge

Parish Priest: **Fr Adrian Gates** (Hospital Chaplain (Resident in Ditton), 01223 622690)

Local Contact: **Bunty Waters** (Tel: 01954 201421)

Green Heat Limited

Special Offer: Free magnetic system filter **worth over £200** with all new boilers installed

PHONE FOR A FREE NO OBLIGATION QUOTATION

01223 277278

Smart new high efficiency 'A' rated condensing boilers are over 90% efficient, and will provide you with greater comfort, saving energy and reducing fuel bills.

Smart heating controls can add a further 4% efficiency and allows you to control your heating from your smart phone or tablet when away from your home. We also have some great solutions to improve hot water efficiency such as 'flue gas heat recovery', enabling efficiencies of nearly 100% to be achieved.

Call Green Heat now to arrange a free visit and receive some expert advice from qualified heating engineers with over 50 years experience of providing home comfort.

Green Heat Ltd

Green Heat Limited: 27 Fairway, Girton, Cambs, CB3 0QF
info@greenheat.uk.com • www.greenheat.uk.com

R. A. Miller Plumbing and Domestic Heating

Fenside, 71 Willingham Road,
Over
Cambridge CB24 5PE

GAS safe 234391

All plumbing work undertaken

- New boiler replacement and installation with free quotation
- GAS boiler and GAS fire servicing - Landlord Certificates.
- Heating problems - Diagnosis and rectification.
- General plumbing - taps, washers, pipe work, showers, etc.
- Full and partial Bathroom installation work

For a reliable and professional local service

Robert Miller

Office **01954 203277**, Mobile **07831 853885**
robert.miller@ntlworld.com

SAVOUR
EVERY MOMENT
With our delicious frozen meals and desserts, you've more time to enjoy the things you love.
For your free brochure visit wiltshirefarmfoods.com or call 01371 876970
OVER 300 DELICIOUS DISHES
FREE FRIENDLY DELIVERY
TRUSTED LOCAL SERVICE
WILTSHIRE FARM FOODS

GROUP FITNESS FOR ALL AGES

SHAPE N TONE

Mons 6.30pm-7.15pm, Church , Bar Hill
Weds 6.30-7.15pm, Church, Bar Hill

THE FITNESS CLASS

Mons 7.30-8.30pm, The Church, Bar Hill
Thurs 6.15-7.15pm, Oakington Pav

OVER 55S CLASS

Tues, 10-11am. The Church, Bar Hill
Frids 10-11am, Oakington Pav

£4.50 A CLASS / £36 FOR 10
CONCESS £3.50 A CLASS, £30 FOR 10

Call Simon on 01223 236945

or visit www.bodyinmotionpt.co.uk

FREE FIRST CLASS

Willingham & Longstanton Surgeries

A&E is not an alternative to a GP appointment. If we are closed, please call 111.

Tips to cope with anxiety about coming out of lockdown

Easing of lockdown will allow us to get back to the people and things we love, but it's OK if you feel worried about going back to something more "normal" as lockdown restrictions loosen.

The coronavirus (COVID-19) outbreak has been hard for us all and we have all experienced the effects differently, including those of us who have been shielding. Even positive change can lead to anxiety, and it can take time to readjust to things we have not done for a while. Feelings of post-lockdown anxiety are likely to pass with time as we get used to the "new normal" but it's important to do what we can to take care of our mental health.

There are lots of things that can help you to manage these feelings and make it easier to adjust. The NHS website provides the following top tips for taking care of your mental health as things change.

1. Go at your own pace
2. Do not avoid things entirely
3. Get your information from the right sources
4. Discuss any changes with others
5. Make time to relax
6. Challenge unhelpful thoughts
7. Tell someone how you feel
8. Plan social occasions
9. Find routine where you can
10. Write down your thoughts
11. Focus on the present

For further information please visit https://bit.ly/3fkcuPG

And remember, mind and body go hand in hand – visit https://www.nhs.uk/better-health for lots of free tools and support to help you kick start your physical health too.

Covid Vaccination programme

Over the last five months we have vaccinated thousands of patients and are so grateful to all of our staff and local volunteers whose hard work, support and dedication has enabled us to help deliver the vaccine to our patients who are most at risk of Covid-19.

The vaccine programme has now entered Phase 2 which will focus on cohorts 10 -12 (ages 18 – 49). Whilst we continue to provide second doses to our patients who received their first dose through the practice, we have taken the decision to opt out of offering vaccination services for Phase 2 cohorts to enable us to focus on our day-to-day GP services.

Patients in cohorts 10 – 12 (ages 18-49) will be invited for their vaccine via a text or letter from the National Booking Service and will be able to book an appointment online via nhs.uk/covidvaccination or by calling 119 at one of the local Vaccination Centres, which includes Chesterton Bowls Club, Grafton Centre and Superdrug on Sidney Street, as well as centres in Huntingdon and Newmarket.

Any patient in cohort 1-9 who has not yet received their vaccine can still book online via nhs.uk/covidvaccination or by calling 119.

Whether you have had the vaccine or not, please continue to follow all the guidance in place to control the virus and save lives.

Further information on the COVID-19 vaccination programme, including frequently asked questions and patient information leaflets here https://www.cambridgeshireandpeterboroughccg.nhs.uk/news-and-events/latest-news/covid-19-national-vaccination-programme/.

Farewell Dr Harding

At the end of May the practice said goodbye to Dr Harding, as he retired from General Practice. Dr Harding has been a very valued member of the team for the past 2 years, and we wish him well in his retirement.

Lisa Smith –Assistant Practice Manager– June 2021

NOW OPEN
Dog Day Care...

Opening Hours
Monday to Friday
7:30am - 6pm

Find us on facebook

Unit 17
Norman Way
Over CB24 5QE
07764 959238

in the Village of Over...
with a difference

Norman's

PUPPY CLASSES - 6 WEEK COURSES
SPACES ALWAYS AVAILABLE.

Take a look at what we all get up to each day on our FACEBOOK PAGE... search for
'Norman's Dog Day Care'

Ash Croft Veterinary Surgery

Consultations by Appointment Only
In an emergency please telephone ahead

HARDWICK
169 St Neots Road, Hardwick
Cambridgeshire, CB23 7QJ
Tel: 01954 210250

PAPWORTH
Pendrill Court, Ermine Street North
Papworth Everard, Cambridgeshire, CB23 3UY
Tel: 01480 831615

www.ashcroftvet.co.uk

Out of Hours Tel: 0845 500 4247

T.N. Walsh (AIP-RP)

Plumbing and Heating

Tel: **01954 780252**

Mobile: **07887 561525**

All plumbing and heating work,
including power flushing
Acorn Avenue, Bar Hill, Cambs, CB23 8DT
24 hour service...No call out charges!
23354 026851

Est. 1989

GAS safe REGISTER

iphe Chartered Institute of Plumbing and Heating Engineering

Skatz
HAIR DESIGN
and
Bethan's Beauty Shop

Opening times:
Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909
New direct phone to
Bethan's Beauty Shop
789100

- We offer a full range of hair and beauty treatments
- Gift vouchers available
- Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- New for the summer - St Tropez sprayton treatment
- Appointments not always necessary

MKGP PLUS

Change to Appointment Booking Line

As from Tuesday 4th May 2021 we changed our appointment line to allow patients to book appointments over the telephone from 8.00 am. Previously our appointment lines opened at 8.30 am but the surgery felt it was best to bring this service in line with our standard telephone opening hours. This transition seems to have gone very smoothly and well received.

Ordering Prescriptions

The surgery would like to ensure that all patients receive their prescriptions on time, therefore please allow plenty of time when putting in your request. We recommend doing so 7 to 10 days before your medication is due.

COVID Vaccination Programme

The vaccine programme is now entering Phase 2 which will focus on cohorts 10 -12 (ages 18 – 49). Patients in these cohorts will be invited for their vaccine via a text or letter from the National Booking Service and will be able to book an appointment online via nhs.uk/covidvaccination or by calling 119 at one of the local Vaccination Centres.

This second phase will now enable the surgery to focus on day-to-day GP services and working towards improving access to patients as we come out of lockdown.

NHS Health Checks

Our nursing team are currently providing NHS Health Checks to patients. The NHS Health Check is a health check-up for adults in England aged 40 to 74 who have not had a stroke, or do not already have a pre-existing health condition. It's designed to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia. As we get older, we have a higher risk of developing one of these conditions. An NHS Health Check helps find ways to lower this risk. The surgery are contacting those patients who meet the criteria and are due for their check but if you have not received a call and wish to check if you are eligible, please do not hesitate to contact the surgery and enquire.

Improvements and Suggestions

For those patients who have appointments at the surgery they are currently sent a text message with a link to complete a patient feedback survey on line. These responses are invaluable and helps the team address any issues that are raised with a view to improving services. For those patients that have not had an appointment recently and wish to provide us with feedback then please call the surgery or send an email to maplesurgery.enquiries@nhs.net.

CHRIS'S BIKES

Bar Hill's local cycle centre

2 Thornton Way, Girton, CB3 0NJ
(just off Huntingdon Rd)

- Bikes
- Cycling clothing, helmets, gloves
- Bike repair & servicing
- Hire bikes
- Professional, knowledgeable, friendly service
- Wide range of spares/accessories available
- Plenty of parking
- Magura

We now offer bikes and equipment TAX FREE with theCycle to Work (C2W) Scheme

chris@chrisbikes.co.uk

01223 276004

Rothwell's
Carpet Cleaning

& Stone Floors, Upholstery, Rugs
A few points that make us stand out

Rothwell's has been in business since 1993
We're an honest local family firm.
Our large truck mounted machines mean more cleaning & drying power for excellent results.
Members of both the NCCA and TAC-CA.
We will move the furniture.
100% satisfaction or it's FREE.

NCCA NATIONAL CARPET CLEANERS ASSOCIATION
CLEANING THE NATION'S CARPETS AND UPHOLSTERY
M2391

Call Oliver and Max Campbell

01638 428080

Cambs Property Bureau

Looking for a property to rent?
Want to rent out your property?
Call us on **01954 260200**

Email: enquiries@cpbm.co.uk
www.cambspropertybureau.co.uk

Address: Unit 9, Highgate Farm,
Over Road, Willingham
Cambs CB24 5EU

bhm Bar Hill Motors

20, Viking Way (next to Tescos)

Retail Motor Industry Federation

For all your car care needs

The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff and equipment

Opening times
Mon. To Fri. 8.00am - 5.30pm
Sat. 8.30am - Noon
Closed Sun.

☎ 781132

Alan's Carpets

Save £'s Discount prices!

- Home selection service
- Over 40 years' experience
- FREE quotes - Priced right
- Extensive range of quality samples
- Room-sized roll ends - carpets & vinyl
- Orders fitted within days, not months

Phone 07790 681 317

Bar Hill Village Hall

Our Village Hall stands in the centre of Bar Hill on the corner of the village green and is available for anyone to hire.

The Village Hall is a registered charity (1002579) and is run by a committee who act as trustees for the hall which is owned by the Parish Council. The hall has had 2 small extensions/alterations over the years and for the last five years we have worked hard to raise enough funds to carry out an extensive alteration and extension of the building in order to bring it up to date, make it fully accessible for disabled people and generally improve the facilities.

The following facilities are offered;

- Conference Facilities;
- Seminars;
- Committee/Meeting Rooms;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales;
- Kitchen Facilities;
- Excellent Parking as well as catering Facilities

If you wish to book any of these facilities, or to get more information, please call **01954 782414** and leave a message. We'll call back within 24 hours (Monday to Friday). Alternatively you can email us at; barhill.villagehall@btconnect.com or visit www.barhillvillagehall.com

Crafts Shed

We have set up a group called Crafts Shed, Bar Hill ("Shedders"). A shed is a place for men / women with like minded interests to chat, practise skills and enjoy making & mending. Often you will find us woodworking, repairing and restoring items in our "shed". Our Crafts Shed has already made and sold bird boxes, tables and hegehog houses raising funds for the group.

Covid 19 hit just at the same time as we got started last year. Like everyone else, we stopped meeting face-to-face and learnt how to meet online. Now the restrictions are being eased, we are meeting once again in groups of 6 people each day in the Scout Hut and outside, this also includes selling items to people passing by.

We meet three times a week (Tue, Wed & Thurs) from 10.00am to 1.00pm in the Scout Hut near the village hall. We would like to welcome and meet new members to our shed. Just come along, have a drink & biscuit and see what it's all about.

Also we are looking for donations of timber, plywood, screws etc which would be very useful in helping members learn new skills and keeping the "old brains" working! Also it's a place were you don't have to make or repair anything, just come along, sit and a natter.

If you can help with donations, or would like further information, please contact: Chris Stannard **01954 781978** / **07711 623425** or Chris Graham **07913 013920**.

Registered Charity no 1192237

UK Men's Sheds Association

total
ACCESS & SECURITY

07507774164
or
01954 583512

Email:
info@totalaccessandsecurity.co.uk

CCTV
ALARMS
ENTRY CONTROL

CALL TODAY
FOR A FREE NO OBLIGATION
QUOTE

Properties with no security systems are 5 times more likely to be burgled than those with simple security measures in place.

Protect your home and have peace of mind with our HD CCTV or alarm systems featuring remote viewing from any smart device.

WWW.TOTALACCESSANDSECURITY.CO.UK

PEASGOOD & SKEATES
THE FAMILY FUNERAL SERVICE

Personal care and attention
24 hours a day by local, qualified staff

617 Newmarket Road
CAMBRIDGE
CB5 8PA
(01223) 415255

Also in Duxford, Saffron Walden and Haverhill

www.peasgoodandskeates.co.uk

RedLocks Locksmiths
Your local locksmith

Locked out? All locks opened, fitted, repaired and replaced

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

SERVICING BAR HILL AND SURROUNDING AREAS

Student and OAP discounts

freephone 0800 8 247 047
t 01954 202818
m 07784 240 970
w www.redlocks.co.uk
e info@redlocks.co.uk

GB BUILDERS

NO JOB TOO SMALL

FOR ALL MAINTENANCE

RENOVATIONS AND DIY WORK

All general building repairs & odd jobs

Specialist in Painting & Decorating

Groundwork & Grass cutting

- Driveways, Paths, Patios
- Brickwork & Plastering
- Block paving
- Concreting
- Slabbing
- Fencing
- Plumbing
- Tiling
- Roofing
- Drainage
- Guttering
- Carpentry

Call today
07877 742 420 or
01480 437511
g.bbuilders@yahoo.co.uk

K & S SERVICES

Tel: 01954200869
Mob: 07548796094

All aspects of Carpentry and Joinery

Kitchen Fitting, Wall and Floor Tiling, Fencing

Internal/External Painting and Decorating

Laminate and Wood Flooring

Bathroom Refits, Heating Systems

FRIENDLY & RELIABLE LOCAL SERVICE
QUALITY WORK GUARANTEED

JN Garden Services

Friendly • Professional • Reliable

- ❑ Mowing (incl. ride on mower)
- ❑ Lawn care
- ❑ Hedge trimming
- ❑ Patio washing and laying
- ❑ Weeding/spraying
- ❑ Leaf blowing
- ❑ Fencing
- ❑ Pruning

AND MORE!

CALL NOW
07519355235

jngardenservices@outlook.com

BAR HILL ROSARY GROUP

Dear All,

Rosary Group meetings have to be postponed until further notice. Nevertheless, this particular uncertain time might be a convenient moment for you to develop more personal relationship with Jesus and Virgin Mary to find peace of heart. We may help you by giving away rosary beads with instruction how to start praying. Whether you are new to rosary or not we encourage finding time for a faithful reflection. Please text your address to Agnes (074 3255 0621) and the free kit will be delivered to your door (in Bar Hill). God bless you!

Crazy Dog Lady Pet Services

Services include:

Dog walking
Other pets and puppy pop-ins
1-2-1 training

Friendly, Reliable, Fully insured, DBS checked, APDT trained.

For more information and prices visit **www.crazydogladyservices.co.uk** or call Sarah on **07913 690021**

Lance Raynor Sectional buildings

- sectional buildings - greenhouses -
- garages - workshops - chalets -
- log cabins - carports - summer houses -
- concrete, steel or wooden sheds -
conservatories

16 Cambridge Road, Barton CB23 7AR
T/F: **01223 262888**, M: **07702 669026**

Christmas 2021 Appeal

I hope you all enjoyed having the Christmas Tree in the village centre. We have received numerous positive comments and are planning on attempting to do something bigger and better for 2021.

While the tree was being taken down one of our local residents said;

"I've lived here for 35 years and we have never had a Christmas Tree, its been lovely and just what we all needed!"

With this in mind we (the Bar Hill Residents Association) are currently fund raising for the 2021 Christmas celebration. At the moment the amount raised stands at over **£750** half-way towards the £1,500 target!

If you'd like to contribute we have a goFundMe page; bit.ly/BHRAChristmas2021 (or scan the QR code below). If you'd like to donate but don't want to donate online cheques payable to "Bar Hill Residents Association" can either be left at the Parish Council Offices or dropped at Number 18 Foxhollow.

If you'd like to help please email bhneditor@yahoo.com. Corporate sponsorship welcome!

BAR HILL SPICE
Feeding Happy

Bar Hill Spice

(Feeding Happy)

Your local Indian Takeaway.

Order on **01954 781007** or **01954 781777**.

Free delivery to Bar Hill.

Order online on www.barhillspice.co.uk to claim £5 off on your first order. We reward you for your every order when you join Bar Hill spice loyalty scheme.

LISTENING BOOKS

Listening Books is a registered charity (number 264221) offering high-quality audiobooks to some 60,000 people across the UK who find that an illness, physical or learning disability or mental health condition impacts on their ability to read or hold books.

Membership costs £20 a year for downloads, £35 for MP3 CD's (in the post), and £45 for both. A number of free spaces are available.

Call 020 7407 9417, email info@listening-books.org.uk, or visit their website https://www.listening-books.org.uk/

SINCE 1959

LISTENING BOOKS

BAR HILL PARISH COUNCIL

Parish Council Office, Hanover Close, Bar Hill. CB23 8EH
01954 780456 - clerk@barhillpc.org.uk
Chairperson: bunty.waters@barhillpc.org.uk

The Parish Council was sorry to receive Darren Scholes' resignation as a Councillor last month and would like to say a big thank you to Darren for his valued contribution to the community. The Council would also like to thank Lynda Harford for all her hard work as a County Councillor representing Bar Hill. We welcome and send congratulations to Edna Murphy on her recent election as County Councillor for Bar Hill. The Council look forward to working with Edna in the future.

As of 7 May 2021, the Parish Council must return to in person meetings. This is a difficult time as we try to balance our legal requirements to hold meetings and navigate the current government guidelines on Covid restrictions. At the time of writing, to enable the Council members to be socially distanced and members of the public to attend, we are planning to hold our next two meetings at the Octagon on **Friday 18 June** and **Friday 16 July** at 7pm. If you would like to attend either meeting, please get in touch by email or phone by noon on the preceding Thursday to help us try to manage the numbers present on the day. Details of any changes in response to government guidelines will be notified here and on the Parish Council noticeboards and website.

Parish Councillor vacancies: Do you want to make a difference to the quality of life for the people in your village? If so, it is time to think about becoming a parish councillor. Being an effective councillor requires commitment, clear thinking and hard work.

The Vicar of Dibley and recent negative YouTube publicity is not the reality of how Parish Councils carry out business. The Council is a separate legal, corporate entity and is the link between residents and other tiers of local government. As well as actively pursuing local issues, the Council also provides local services such as the Village Green, the play areas and the maintenance of our green spaces to name a few.

Bar Hill has 13 Parish Councillor seats and we currently have four vacancies. Councillors are elected on a four-year term. The next election is in May 2022 so taking a seat now would be a useful way of seeing if you like the idea of being a local councillor before the next election.

If you would like to contribute to the decisions the Parish Council makes on the behalf of your community and have useful skills to bring to the table, please contact the Clerk for an information pack.

Fly tipping: The Parish Council have recently had to pay to have several mounds of garden soil and waste removed from behind properties where residents have simply dumped tree roots and soil that they did not want in their own gardens. This waste has had the knock-on effect of causing damage to other residents' property. If you are in an affected area and have received a letter through your door from us, please ensure this does not happen again. Fly tipping is an offence. The next time this happens in cleared areas the Parish Council will prosecute the people doing this.

Useful Links

Dogs (Fouling of Land) Act 1996 (South Cambs DC); http://bit.ly/bh-dogfouling

Environmental Crime (South Cambs DC); http://bit.ly/bh-envirocrime

Damaged Street Nameplate (South Cambs DC); http://bit.ly/bh-streetnameplate

Reporting issues with roads, paths, street lights, etc. (Cambridgeshire CC); http://bit.ly/bh-highwaysfault

Report a non-urgent Crime (Police); http://bit.ly/bh-reportcrime

City & Guilds Level 3 qualified professional dog groomer, fully insured, based in Bar Hill.

Fur The Love Of Dogs

- Bath, brush & blow dry
- Midi Groom
- Full Groom
- Puppy Groom
- Deshed
- Handstrip

To book an appointment please contact:

Mobile: 07480495366 Email: kate.furtheloveofdogs@gmail.com

Facebook: @furtheloveofdogsbarhill Instagram: furtheloveofdogs_kate

---

HINCHLIFFE BUILDING SERVICES

Craig Hinchliffe

07944 609868

Bar Hill Resident over 30years

Local, Honest & Reliable

Free Quotes

Extensions & Conversions

Kitchens & Bathrooms

Driveways & Patios

Windows & Doors

Floor & Wall Tiling

Painting & Decorating

hinchliffebuildingservices@gmail.com

Total Relaxation
at the farmhouse

The Farmhouse
Gladeside, Bar Hill
Cambridge, CB23 8DY
01954 789 344
www.total-relaxation.co.uk

Aromatherapy, Body Massage, Reflexology, Indian Head Massage, Hot Stone Massage, Facials, Ear Candling, St Tropez Spray Tanning, Manicure, Pedicure, Gel Polish, Lash & Brows, Eyelash Extensions, Waxing, Hot Wax, Hairdressing

Gift Vouchers Available in store and online

Bar Hill Primary School

Do you have a passion or interest that you would be keen to share with the children at Bar Hill Primary School?

We would love to widen the variety of lunchtime and after school clubs that we can offer the children and are looking for volunteers who have a passion for a particular activity who would be keen to run a club at the school.

We are hoping to be able to offer the children a broad range of free extra-curricular activities for example:

- Photography
- Languages
- Art
- Science
- Gardening
- Cooking
- Sewing
- Books
- Coding

If you have time and skills and would like to offer to run a club as a volunteer, please contact the school office on **office@barhillprimary.org**.

Bar Hill Editorial Services

editing - copyediting - proofreading
academic - non-academic - professional

Roger Hall, 11 Almond Grove, Bar Hill, Cambridge. CB23 8DU

Contact: **01954 780304**, or **07746 118880**
Email: **rogerhall@barhill11.fsnet.co.uk**

On-screen and hard copy work accepted

Covid-19 Support Scheme

0800 088 6522

Foodbank: we were alerted by the South Cambs District Council to two people in immediate crisis and were immediately able to provide food until their financial hardship could be resolved.

REMEMBER: you DO NOT need to have the usual Foodbank Voucher to access our village foodbank. If you are struggling financially for whatever reason, just give us a quick call or drop us an email and we will quickly respond. Whatever you do, please don't suffer in silence, we are here to help!

Advice: a lovely member of our community was having a really tough time for all sorts of reasons, and we were able to get along side, provide professional advice in respect of her benefits and care and negotiate directly with the DWP, identifying and securing an additional much needed £100 per week, in benefits, that they were entitled to.

REMEMBER: our advice is provided by a fully qualified Citizens Advice advisor and we can help with benefits, debt, employment, work related issues, housing, immigration, consumer, family and legal. Just pick up the phone or email us at **BarHillAdvice@gmail.com**.

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- individual block paving
- concrete setts
- paving slabs
- natural stone paving
- permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

Mobile: 07850 919432

Email: sales@blockpavingcompany.co.uk

34 Partridge Drive
Bar Hill
Cambridge
CB23 8EN

www.blockpavingcompany.co.uk

BLUE HOUSE Computer Help

SPEED UP, FIX UP, OR UPGRADE YOUR PC

COVID FRIENDLY
MOST WORK CAN BE CARRIED OUT REMOTELY

SAVE MONEY
*
GAIN SPEED
*
IF IT RUNS LIKE TREACLE, DON'T THROW IT OUT.
Take advantage of our computer optimisation and upgrade services.

PROFESSIONAL INDEMNITY AND PUBLIC LIABILITY INSURANCE

REPAIRS COME WITH A 100 DAY GUARANTEE

SOME OF OUR SERVICES:
Getting broken computers up and running, even when Windows won't start
Upgrades for extra speed and space
Transfer your apps and files to a new PC
Networking and WiFi dead spots
Sync files between devices
Virus and malware clean-up

LOAN OF A LAPTOP FOR BIGGER JOBS

We love keeping your old computers in service and out of landfill. In fact, we can make them work even *better* than when they were brand new

WANT SOME HELP?

CALL 01223 85 30 20

hello@bluehouse.help | www.bluehouse.help
Find us on Facebook
BLUE HOUSE COMPUTER HELP, CAMBRIDGE ROAD, OAKINGTON

R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING

INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004

TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com

P & P Home and Garden

Call 01954 782198 or 07954 372516
Email pphomeandgarden@hotmail.co.uk

We offer:
Home Help Service,
Decluttering Service
Cleaning Service,
Ironing Service,

Weekly, Fortnightly, Monthly or one off.
Friendly and reliable service,
We tailor our services to suit your needs,
Insured

Birthday Corner

1st - 6th June

Happy birthday to Jill Wilkinson and June Hinchliffe who are celebrating this week and to Eddie Smith who is turning 8!

7th - 13th June

Happy birthday to Toby who will be 8, Matilda who's turning 3 and India Barker-Hircock. Also celebrating this week are Paul Foster, Wayne Goddard who will be 47, and Jack Breton who is 19 this week.

Finally, a special happy birthday to Lucy Adam, with love from your sister x

14th - 20th June

Freya Goddard is 17, Ema Ledeikyte is 7, and Josh Davies is 24 this week! Also celebrating this week are Olivia Barker-Hilcock, Tom Hewkin, and Kirsty Ewles as well as Lara Wycherley who will be turning 21 this week!

21st - 30th June

Happy birthday to Jamie Bladen who is celebrating his 21st and to Elliot Davies who will be celebrating his 22nd birthday this week!
Also celebrating this week are Angela Donnelly, Sophie Egan, Sarah Tucker, Lily Tanner and Tarina Dickinson!
A big happy birthday to our Chairperson Laura Chapman who will be celebrating this month! And finally a special birthday greeting for Saffy Doland who is 92 this month!

Happy birthday to all those who are celebrating this month from the Bar Hill News! Remember, if you or a loved one is celebrating a birthday in July, email us at bhneditor@yahoo.com to be featured in next months' Birthday Corner.

City & Guilds Qualified

APPLETREES PLUMBING & HEATING

Gas Safe Register Number 564278

All types of domestic plumbing, heating, renewable energy and gas work undertaken including:

Boiler Installation and Servicing
Radiator Installation and Moving

Heating System Updating and Installation
Heating System Cleaning and Power Flushing
Inspection and Certification
Renewable Energy Specialists

Bathroom Installation
Appliance Installation

Tap repairs
Toilet repairs
Install & repair water storage tanks
Underfloor heating

City and Guilds Qualified and Gas Safe Registered

Local Plumbing and Heating Engineer

Office Number – 01353 741236 Email – info@appletrees .plumbing

---

Cambridge Art Services

Cambridge Art Services offer an extensive selection of bespoke, handmade framing options from their local, professionally equipped workshop.
We can frame a wide range of items including;

- Paintings and drawings
- Photographs
- Sports Memorabilia
- Medals and Award Certificates
- Cross Stitch and Embroidery
- In fact, just about anything

Contact **Julian Finbow on 07952 295861**
email cambridgeartservices@hotmail.com or visit www.cambridgeartservices.co.uk

---

Buttercups CHILDCARE LTD

Bar Hill Day Nursery and Out of School Club

www.buttercupschildcareltd.co.uk

Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email: info@buttercupschildcareltd.co.uk**

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**

Steve Jolley

Plastering & Tiling

33 Field View
Bar Hill
Cambridge
CB23 8SX

Home 01954 780445
Mobile 07727 203626

PUZZLES & GAMES

WORD TILE

A	C	R	D	E	L	O	I	X
A	L	E	D	O	N	O	N	E
A	N	N	F	F	M	R	E	G
A	T	E	G	I	O	R	G	I
A	Z	Q	G	I	O	S	O	N
B	L	E	H	O	L	S	T	A
C	A	N	K	A	U	T	T	O
C	O	N	L	L	O	U	E	Z
C	O	R	N	I	C	V	E	L

BH

JUNE 2021

			A	L	E			
		N				B		
		R						
		L						
		N	A	T	E			
		O				O		
		U				A		
		C				S		
			A	Z	Q			

©

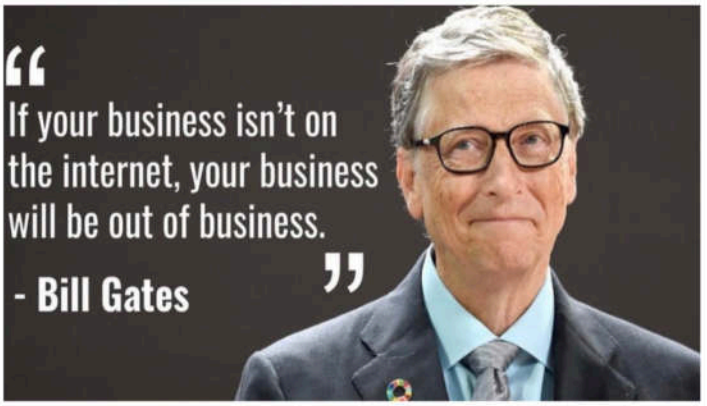
AIM: Place the 27 'three character tiles' in the left -hand grid TO the CORRECT spaces in the right hand grid relating to **FAMOUS ARTISTS** containing NINE letters horizontally and in alphabetical order.

1		2		3		4		5
	■		■		■		■	
6								
	■	■	■		■	■	■	
7		8				9		
	■		■		■		■	
10								

June Crossword

Across - 1.woollen hood or a place in Crimea. 6.Ulster activists. 7.the learned in Cambridge. 10.top wedge of arches.

Down - 1.Fortification, one at Earith. 2.produce eggs.3.gather together, a reading in church.4.a hoofed mammal. 5.helps. 8.unrestricted choice. 9.pub.



Cambridge SEO Webpro

Are your marketing & advertising strategies getting the results your business deserves?

"It's never been more important than now to get your business noticed online"

2021 MODERN MARKETING FOR YOUR BUSINESS

- **Social media advertising**
- **Google Business Page creator (GMB)**
- **Branded online content**
- **Business Search Engine Optimisation (SEO)**
- **Modern Optimised Website design**

Email: cambswebpro@gmail.com Tel: Darren 07557 807 505
Local Bar Hill Online marketing business

FREE (Jun): VAX COMBI CYLINDER HOOVER. Ideal for car-garage - With tools, spare bags, Long & short hose. Call TONY Now on **01954 789848/ 07831 895007**

Puzzle solutions will be published on the 25th of the Month on the Bar Hill Residents Association Facebook Page (or can be obtained by emailing the editor)

Bin Collection Timetable

Here's the bin collection Timetable for May and the start of June 2021. More information (and more dates) is available from the South Cambs website.

Date	Black	Blue	Green
Jun 4		✔	✔
Jun 10	✔		
Jun 17		✔	✔
Jun 24	✔		
Jul 1		✔	✔
Jul 8	✔		

In addition there is also the option to add Bin Collection dates to your mobile/ tablet computer for automatic reminders!

This QR code will take you directly to the correct page on the South Cambs website.

Covid-19 Support Scheme …Help in this Time of Crisis!

Shopping/Prescriptions:

01954 27 00 60

Foodbank, advice, mental health:

0800 088 6522

Email:

BarHillCovid19Help@gmail.com

Bar Hill Residents Association

Chair	Laura Chapman
Vice Chair	Karen Hayden
Secretary	Karen Hayden
Treasurer	Anne Bensted
Data Prot. Officer	Richard Hayden
	Bunty Waters, Jo Hall, Roger Hall & Amber Neale
Magazine Editor	Andy Pellew
Features Editor	Lottie Beare
Advertising	Anne Bensted

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

Article Information

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted electronically to **bhneditor@yahoo.com**

Olive Tree Bereavement Group

This is normally a monthly meeting place for those who have suffered a bereavement and provides a welcome, safe place to talk about these issues.

In the absence of meeting in person because of the Covid pandemic, we are happy for you to contact us by phone if you need to talk or are finding things tough.

We look forward to meeting again in person when it is safe to do so. In the meantime we would love you see you at our Zoom Meeting coffee and chat event on Saturday 5th June at 10.30 – 11.30 am. Contact either of us for details of entry.

Chris **781978** or Sue **780260**

Dear John ...

Meet our newest "agony aunt", here to help you through any and all problems you may be facing – John Houston.

With no years of experience, but plenty of enthusiasm, John is here to listen and respond to whatever you feel you need some un-edited and real advice on. Read on to see how John has advised two of our villagers this month!

Dear John,

How do I know if I'm talking to my dog too much? I'm married and over the past year I've noticed that I'm having more and more in-depth conversations with my dog rather than with my wife. He's a boxer crossed with a Labrador, we adopted him into the family about 8 years ago so he's getting on a bit.

He often sits in my home office while I'm working and I tell him all about what I'm doing and my co-workers (the things he knows)! He shows a lot more interest in my work than the rest of my family do.

Given how much time I've spent at home, I feel we're a lot closer than we have ever been, and I worry he'll miss me when things start to change.

I have asked at work and they won't let him come in. What should I do?

Sincerely,

Anonymous Dog Owner

Dear Anonymous Dog Owner,

As my job as a postman, I often hear people having conversations with their dogs whilst I am doing my rounds; and the owners nearly always say to me "I get more sense out of my dog than my partner!", so you're not alone!

What I would do [so you feel that you are not abandoning one another], is go out on your own and leave the dog, but tell the dog where you are going. Eg, you would say "I'm just going to Tesco's and I won't be long". Start with 20 minutes and work your way up to 1 hour, so you both get used to being away from each other. Then when you go back to work – to be with the co-workers he knows all about – you can say to him: "I'm just going to see so and so and I won't be long".

The affection you give and receive between you and your dog will be priceless, and you'll both feel much better after adjusting.

Yours,

John.

Do you have a problem which John can help with? Email us at **bhneditor@yahoo.com**.

Please note that John, nor any of the volunteers at the Bar Hill News, are professional councillors, so if you need to, please do seek professional help.

NEIGHBOURHOOD WATCH
Bar Hill
Neighbourhood Watch
working for a safer community
BAR HILL
To contact Neighbourhood watch please email nhwinbarhill@yahoo.co.uk
To keep up to date on the latest developments please join us on facebook: http://bit.ly/FBBarHillNHW (or search for "Bar hill NHW")

BAR HILL RECYCLING

WE HAVE MOVED! We are settled and ready to welcome you back with open arms (at a distance, of course!). Our new address is 20 Acorn Avenue, Bar Hill.

PURE BRILLIANT GREEN

We will be trialling opening Friday mornings from 14th May 9.30-11am. Come and have a browse of the refill products we stock as well as our range of glass and PET plastic bottles, soap bars, shampoo bars, hair masks, biodegradable toilet rolls, bamboo toothbrushes and more!

We are also continuing to arrange times throughout the week with customers to drop their bottles off to be refilled and returned to their doorstep (in Bar Hill) or collected when they are ready.

Keep up to date with our opening times and offers, and contact us via, Facebook and Instagram @PureBrilliantGreen or email purebrilliantgreen@outlook.com

On 22nd April we marked Earth Day 2021, an annual day to consider our environmental impact and pledge our support to protect the environment. We are always looking for new and creative ways to reduce our impact on our planet. We try and make refilling your household cleaning and personal care products as affordable and easy as possible so more people in our community feel able to join the refill revolution!

We hope to see you soon,

Collette and Tom Hewkin

BAR HILL WARD - DISTRICT COUNCILLORS REPORT

We are all continuing through another challenging year and for many a sad time and I send my condolences and prayers to all who have lost a loved one. Bar Hill residents have shown such generosity and kindness to others, even those they don't know, the Covid19 Support Scheme continues to be something Bar Hill village can be proud of.

ELECTIONS

The elections were held on 6th May where we have a new Police & Crime Commissioner, Darryl Preston, a new Mayor, Dr Nik Johnson, a new County Councillor, Edna Murphy.

I give my grateful thanks to our outgoing County Councillor, Lynda Harford who, has over the years been able to significant improvement for Bar Hill.

PLANNING

South Cambs District Council is responsible for the planning of this region,

The building work at the Bar Hill Hallmark Hotel S/0851/16/FL, which you can find if you go on to South Cambs Planning is for Planning permission S/0851/16/FL (Development of 40 residential dwellings across two sites comprising: 6 two storey houses and 27 apartments in 3 and 4 storey blocks 47 car parking spaces and associated landscaping including the retention of part of the bund and provision of a play area on part of the hotel car park and other surplus space (Site 1) and 7 two storey houses served by 14 car parking spaces and associated landscaping on part of hotel staff car park and underutilised part of golf course (Site 2) new pedestrian access off Crafts Way and a children's play area along with associated landscaping on land between Sites 1 and 2)

When development is carried out in a village then Section 106 funding is paid by developers and is used on community infrastructure projects. Funding differs from area to area and can only be used on capital projects. Recent examples of funding in other areas include: village hall enhancements, new play park equipment and new sports changing facilities

EWR (EAST WEST RAIL)

The Consultation Summary which has been sent to all households needs the response by 9th June 2021. They want your views, please do send to consultation@eastwestrail.co.uk. If you need any information contact them on contact@eastwestrail.co.uk

NEW PLANS UNVEILED TO BOOST RECYCLING

On 7 May the Environment Secretary, Rt Hon George Eustice MP, announced the launch of a consultation on household and business recycling in England. Under the proposals, every household in England will receive separate, weekly food waste collections from 2023. Plans also being considered include the introduction of statutory guidance on new minimum service standards for rubbish and recycling collections, and free garden waste collections for every home. Councils would continue to be supported to collect more frequently than the minimum standard and the consultation closes on 4 July. The Department for Environment, Food and Rural Affairs (Defra) has also announced that the single-use carrier bag charge will be increased from five pence to ten pence, and extended to all businesses in England, from 21 May. Defra are also consulting on other policy proposals as part of the collections and packaging reforms including introducing Extended Producer Responsibility (EPR) for packaging across the UK and introducing a Deposit Return Scheme (DRS). The consultations close on 4 June

Welcome if you are new to the village, contact me - if I can help in any way or you would like more information

Please contact me if you would like further information, help, or advice
Cllr Bunty Waters - bunty.waters@ntlworld.com **01954 201421/07734 690580**

COUNTY COUNCILLORS REPORT

I was delighted to be elected as the County Councillor for Bar Hill Division on 6 May 2021 and I am really looking forward to taking up your issues and concerns at County Hall.

First of all I want to say a huge thank you to people who voted for me. But be assured that I will work for all local residents, no matter how you voted.

Also I would like to thank my predecessor, Lynda Harford, for her years of service as Councillor, her commitment to public service and her hard work.

The result of the election in Bar Hill Division was:

- Edna Murphy (Lib Dem) 1550
- Lynda Harford (Conservative) 1345
- Stan Rankin (Green) 494

The overall composition of the County Council also changed significantly moving the council into "No Overall Control".The current number of Councillors for each political party is: 28 Conservative, 20 Lib Dem, 9 Labour, 4 Independents.

In the middle of May the current opposition groups signed an agreement to form a joint administration for the County Council which, if approved at the Full Council meeting on Tuesday (just slightly after the Bar Hill News goes to press!), will mean a change of control and direction for the County Council. I'm supporting this change as I want to bring more transparency, and to increase the councils focus on greener, fairer policies, as well as support for young people.

The first piece of good news I'd like to pass on from the County Council is that local libraries are now starting the process of being re-opened. This is huge and exciting news, libraries have been unable to host in-person events since the first lockdown in March 2020 with popular events like Rhymetime having had to be put on hold.

I'd like to pay tribute to the incredibly hard work of library staff who during lockdown have found new and imaginative ways to deliver services to our users - if you haven't already followed the library service on Facebook I'll urge you to start; https://www.facebook.com/cambslib.

In the coming weeks and months as libraries open up more and more it will be important to make sure that, while social distancing remains, we take advantage of what we can. This is especially true considering the recently released study highlighting the impact of lockdowns on language skills amongst children.

If you'd like tickets for library events then they're available online via Eventbrite (http://bit.ly/cambscc-library-events). While there is nothing scheduled at the moment for the library in Bar Hill I hope that will change in future.

I look forward to working with all local residents and have put my contact details below. Please don't hesitate to get in touch if there are matters I can help with at the County Council.

Cllr Edna Murphy - Bar Hill Division
Edna.Murphy@cambridgeshire.gov.uk, 01223 577005

Our matches on May 8th were both rained off, and so was the first team's on the 15th, but the seconds managed to play but were defeated away to Sawston & Babraham IV despite three wickets for Tom Page.

You can see our upcoming fixtures at the bottom of the page – as well as our Saturday league matches, we have midweek fixtures as well.

We are in need of a few reinforcements, so anyone who fancies returning to cricket or starting from scratch, give me a shout on the number below or via info@barhillcricket.org.uk – we are a friendly club and welcome everyone!

Youth training sessions have been going well and are held every Wednesday from 6pm-7pm on the village green. All ages from 8-15 are welcome. There is a charge of £10 per child for the whole season (extra children from the same family £5 each) and equipment is provided. Sessions are run by qualified and DBS-checked coaches, in compliance with all covid guidance set out by the ECB and the Government.

Keep an eye on our website at barhillcricket.org.uk or on our Facebook page for the latest information.

June fixtures:

Saturday 5th: 1st XI v Cambourne III (A); 2nd XI v Cambourne IV (H)

Tuesday 8th: Midweek XI v Steeple Morden (H)

Saturday 12th: 1st XI v Madingley II (A); 2nd XI v Elsworth (H)

Tuesday 15th: Midweek XI v ELA (H)

Saturday 19th: 1st XI v Cambridge St Giles III (A); 2nd XI v Stapleford (H)

Saturday 26th: 1st XI v Cambourne III (H); 2nd XI v Cambourne IV (A)

Tuesday 29th: Midweek XI v Dobblers (H)

Paul Stimpson 201212

Bar Hill Cricket Club

It's been a cold and wet start to the cricket season, with only two matches played at the time of writing – and that one a 'three-sweater' day as we shivered our way through a match against Comberton.

Comberton started swiftly with the bat but two wickets apiece for Jim Neal and Craig Owen pegged them back to 207 for 8 in their 40 overs. Bar Hill never got going with the bat and were 69 all out in reply.

Cambridge Community arts

CREATIVE COURSES

Improving Mental Health with Creativity

VISUAL | DIGITAL | PERFORMING ARTS

CCA offers part-time creative courses for adults 19+ across Cambridgeshire, both online and face to face, including informal 8 week and accredited year-long options

OPEN DAY
TUESDAY 13 JULY
1-4 PM
ARBURY COMMUNITY CENTRE

"I have developed new techniques and confidence to try things and fallen in love with art again"

Find out more & sign up to our mailing list

www.camcommarts.org.uk

Signs of Domestic Abuse

Domestic violence, also called domestic abuse, includes physical, emotional and sexual abuse in couple relationships or between family members. There are different kinds of abuse, but it's always about having power and control over you. Domestic violence can happen against anyone, and anybody can be an abuser.

Getting help and support for domestic violence:**You do not have to wait for an emergency situation to find help. If domestic abuse is happening to you, it's important to tell someone and remember you're not alone.**

Find out how to recognise the signs of abuse and where to get help by visiting - http://bit.ly/NHS-abuse - women can call The Freephone National Domestic Abuse Helpline, run by Refuge on **0808 2000 247** for free at any time, day or night. The staff will offer confidential, non-judgemental information and support talk to a doctor, health visitor or midwife men can call Men's Advice Line on **0808 8010 327** (Monday and Wednesday, 9am to 8pm, and Tuesday, Thursday and Friday, 9am to 5pm) for non-judgemental information and support.

Community Lifeline Service

If you live alone or someone in your family is sometimes left alone and may need to call for assistance, the Council's Lifeline team can help.

In an emergency, pressing a button – worn as a pendant or on your wrist – connects you via a contact centre with family, friends, neighbours, or the emergency services.

Giving you peace of mind and reassurance.

One Lifeline customer in Willingham said: "The lifeline service lets me live independently knowing I can call someone in an emergency."

For more information and to apply for a lifeline, please call **01954 713470**, email **lifelines@scambs.gov.uk** or look online at **www.scambs.govuk/lifelines**

RADSOC

Swavesey RADSOC returns to live theatre with

Agatha Crusty

And the Village Hall Murders

A Comedy By Derek Webb

Tickets £7 / £6

Bar Hill Church Centre

Thursday July 15 (7.30pm)

Saturday July 17 (2.30pm and 7.30pm)

(no performance on Friday)

www.swaveseyradsoc.org.uk
@swaveseyradsoc
or phone 07504 552870

There is a £1 fee per transaction for online bookings. This is an amateur production by arrangement with Stagescripts Ltd.

Scam Warning

Action Fraud has seen a surge in reports relating to fake emails and texts purporting to be from delivery couriers. The messages usually claim “unable to deliver your parcel today” and provide instructions on how the recipient can arrange another delivery. The links in the emails and texts lead to fake websites that are designed to steal money, as well as personal and financial information.

How you can protect yourself:

- If you’re unsure whether the email or text is genuine, then don’t use the link. Instead, visit the website by entering the official web address directly into your browser’s address bar, or search for it and follow the search results.
- Remember, your bank will never ask you to transfer money to another account, or contact you out of the blue to ask for your PIN or full password.
- If you have received an email which you’re unsure about, you can report it by forwarding it to report@phishing.gov.uk. You can report suspicious text messages by forwarding them to 7726.

Please be aware of these and many more scams which you will find on the neighbourhood watch facebook site (visit http://bit.ly/FBBarHillNHW, search for Bar Hill NHW in Facebook, or use your phone/ tablet to scan the QR code below).

Please join us and help keep the village a safer place to live in.

Bar Hill Neighbourhood Watch

Living Well

Arthur Rank Hospice Charity is rebranding its supportive and rehabilitative eight-week programme to the Living Well service, following consultation with patients, relatives, healthcare colleagues and volunteers.

The service, previously known as Day Therapy, is provided from the Arthur Rank Hospice, in Cambridge and the Alan Hudson Day Treatment Centre, in Wisbech. It provides specialist advice, practical and social support to an average of 173 patients per month, who are living with a life-limiting condition.

The programme introduces patients to and engages with the Charity’s expert team, who spend time discovering what is important to each person, supporting them to shape and achieve goals that will make a real difference to their everyday life.

Sessions can involve everything from managing breathlessness, anxiety or fatigue to complementary therapy, consideration of advance care planning to seated exercise groups, one-to-one symptom management to spiritual counselling, life celebration and creative activities to psychological support.

Sue Rossitter, Joint Team Lead, Living Well Service (Cambridge), explains the reasons behind the name change: ”’Living Well’ better encapsulates the many services available to our patients, as well as reflecting the support offered to families and carers through our Carer Support Group, introduced last year.

You can discover more Arthur Rank Hospice Charity’s Living Well service at arhc.org.uk/livingwell. Referrals can be made by healthcare professionals, such as a district nurse or GP at arhc.org.uk/refer or by calling 01223 675800. Please contact the team directly to ascertain information regarding the specific services available at each location.

Arthur Rank Hospice Charity

Evolving Art - Cambridge Open Studios #COSart2021

The region's largest art event is back this July.

Cambridge Open Studios has announced the 2021 dates for its month-long summer art event, which will feature an exciting range of exhibitions by over 300 artists at a selection of locations in the city and surrounding areas. This year there will be 40 new members taking part in the region.

Five Ways to Enjoy

For many artist members it will be Open Studios as usual with exhibitors opening their doors to the public over the four weekends in July. Some artists have chosen to 'open by appointment' and others have opted to participate with 'open windows' where artworks will be displayed in windows and outside spaces such as gazebos.

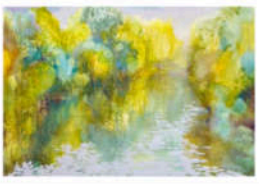
In addition to home studios, Cambridge Open Studios are delighted to be partnering with The Pitt Building located on Trumpington Road in the heart of historic Cambridge. The Pitt Building will be hosting a wide range of artists adhering to COVID guidelines over the course of the four weekends.

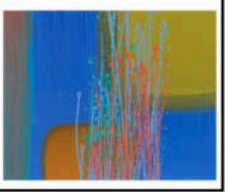
Nine art galleries in the regions will also be hosting resident Open Studios artists over the course of the four weekends. Further information can be found online, on the App and in the E-Guide Book.

Full details of how artists will be participating can be found in the artist's E-Guide Book listing and on the App.

New E-Guide Book Replaces Printed Guide & Supports App

For the first time in the history of Cambridge Open Studios there will be no printed guide - for two reasons, the planned move into the digital age, and to reduce the number of





Spring into action

Our forests, rivers, oceans and soils provide us with the food we eat, the air we breathe, the water we irrigate our crops with and drink.

How you can help the planet:

- Volunteer for litter picking in your community
- Visit places that educate about the natural world and everything in it
- Conserve water
- Choose sustainable
- Shop wisely
- Use long-lasting light bulbs
- Plant a tree

Find out more about connecting to nature:
Everyone needs nature by National Trust
Connection to Nature by RSPB https://www.nationaltrust.org.uk/features/everyone-needs-nature

guides to save the planet has been accelerated by the pandemic and fear of possible transmission through contact.

Over the last few years, the App has become extremely popular and is expected to see record numbers of download this year. Incredibly easy to use allowing the user to search by medium, location, weekend and artist name, it's the quickest and easiest way to find participating artists so don't leave home without it!

Both the E-Guide Book and App will be available to download from the website from late May onwards so avid art lovers can start planning their studio routes in good time.

Visit https://www.camopenstudios.co.uk/ to download the E-Guide Book and 2021 App.

What and Where?

For many artists 2020 was a year for creating and surviving the pandemic. This year is set to be an explosion of colour and fine array of work with specialisms including fine art, photography, pottery, glass making, sculpture, illustration, textiles, jewellery and furniture making, and more besides.

The studios are spread throughout the whole region including many villages around Royston, Saffron Walden, St Ives and Chatteris as well as Ely and central Cambridge. The distinctive yellow COS flags will be out to identify participating studios.

The weekends are: July 3/4, 10/11, 17/18 and 24/25. Studios are open to visit between 11am and 6pm except those opting to take visitors via appointment.

Visitors are guaranteed a warm and friendly welcome with absolutely no pressure whatsoever to buy. All Cambridge Open Studios including The Pitt Building and participating are galleries are completely free to visitors for all ages.

Find Out More

By visiting the website you'll be able to see a full list of members along with their social handles, latest news and links to download the new E-E-Guide Book and 2021 App.

Follow on Twitter @CamOpenStudios Instagram @CamOpenStudios Facebook @CambridgeOpenStudios and look for #COSart2021

The National Trading Standards Scams Team have launched a new video to help people to become scam aware in just eight minutes.

The new video is designed to explain what a scam is and the scale of the problem; different types of scams to look out for; consequences of being a victim and the signs someone might be one; top tips to defend against scams and what you can do to raise scams awareness.

So now there are three options for people to become Friends Against Scams, gaining the knowledge and skills to take a stand against scams:

- Attend a Friends Against Scams training session delivered by a local SCAMchampion (please email against-scams@cambridgeshire.gov.uk to enquire)
- Complete the interactive e-learning (approximately 20 minutes); https://bit.ly/3w8NMZp.
- Watch the new eight minute Friends Against Scams video; https://bit.ly/3by8Q3w

Please encourage as many people as you can to become a Friend Against Scams in whichever way suits them best. Greater awareness of scams really does mean greater protection from the harm that they cause.

CAMBRIDGESHIRE AND PETERBOROUGH AGAINST SCAMS PARTNERSHIP

Latest News

Memorial Garden Appeal

Many people have used the Memorial Garden over the last ten years and have appreciated this quiet area in Bar Hill where you can relax and reflect.

Unfortunately some of you may have noticed that the round seat is in a state of disrepair and requires replacing. This we want to do urgently. However, the round seats are expensive and therefore we are seeking to raise some £500 towards the cost. We have very limited financial resources but have approximately £300 we can contribute towards the cost over and above the £500.

Any contribution , however, small will be much appreciated.

Cheques may be paid directly into the Cambridge Building Society Account No. 1768402740 Account Name "Bar Hill Memorial Garden Account" or donations may be put through the letter box at 7 Acorn Avenue, CB23 8DT.

Further information can be obtained from Chris Stannard - Project Leader

01954 781978 or 07711 623425

Poem of the Month - June

On the Path to Lolworth

There is joy
In repetition
And this path is
No exception
With the A14
on your right
And infinity
On your left
Though it's never
Exactly the same
You come out
of the trees
and suddenly,
it's there
The field
In all its glory
And sometimes
I laugh
at the noise
and the wind
and the joy
coming together
It was icy today
No rabbits
Not that they
Get in the way
There's glistening mud
Uncertainly clingy
while the field
Carries shoots
Then you come
to the bridge
and it's strange
that in this whole field
of which just about
every inch is
man-made
it's the builtness
of the bridge
the obvious hand
that impresses
it's so simple
but so grand
The wind and
the field
in its isolation
and loneliness
has to listen
to the A14
all day and here
I'll turn back
and look at
the copse
and feel all
unnecessary
At the second copse
is a road
and 'neath the
crickle-crackle ice
you can see
the green shoots move
Then you come to
Lolworth's edge
trees and
a concrete road
and blow me down
It's another village!

Feels.
A good walk
Is how
That to me
wife's lovely meals
One of my
of food
and smell
to the warmth
and home
I have to go
just say
I'll not stop
Hello
stops to say
And if someone
It's all uphill
And after that
I won't be late
I think maybe
when I near Bar Hill
for lunch and
I'll be late
and worrying that
And coming back

By John Crick and Peter Stockton

BAR HILL PARISH COUNCIL
CONSULTATION ON HOW TO SPEND £18,223, REFUND FROM THE A14 UPGRADE

Where does this money come from?

This refund is payment for small areas of land taken when the A14 was upgraded.

The money has now come back into the Parish Council and the Council is consulting you as to how to spend it on your behalf to benefit the village.

What could we buy with this amount of money?

The Council is aware that there are strong views in the community on facilities and amenities that you would like to see in Bar Hill. Major projects such as a new skatepark (estimated cost £100,000) and joining up the pathway around the perimeter road (potentially £500,000) are major initiatives that would need long term planning, substantial grants and collaboration with Cambridgeshire County Council to bring to fruition. Smaller scale projects like providing new benches, pathways or play equipment on Parish Council land can be carried out more quickly.

We have left the consultation open so that we can take all your views into account and look forward to hearing what you have to say. If you have an idea of costings for a potential project, please do also add those as well.

How do I take part?

Please fill in your name, address and project suggestion on the form below and return it to the Parish Council office by noon on **Wednesday 30 June 2021**. You can also email the same information to **office@barhillpc.org.uk**

How will the responses be counted and how will I find out about the results?

- Your name and address will be checked against the electoral roll to ensure you are a resident of Bar Hill and to check the number of consultations for each address.
- The council will then collate your views, put into categories, and count all responses.
- The results will be published in the August edition of the Bar Hill News and on the Parish Council website.

Thank you for taking the time to share your ideas.

. . . . . .

Name :

.....

Address :

.....

.....

Contact details (phone/email) :

.....

Project suggestion :

.....

.....